



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**

CONFIDENTIAL

Name: Filidh T.

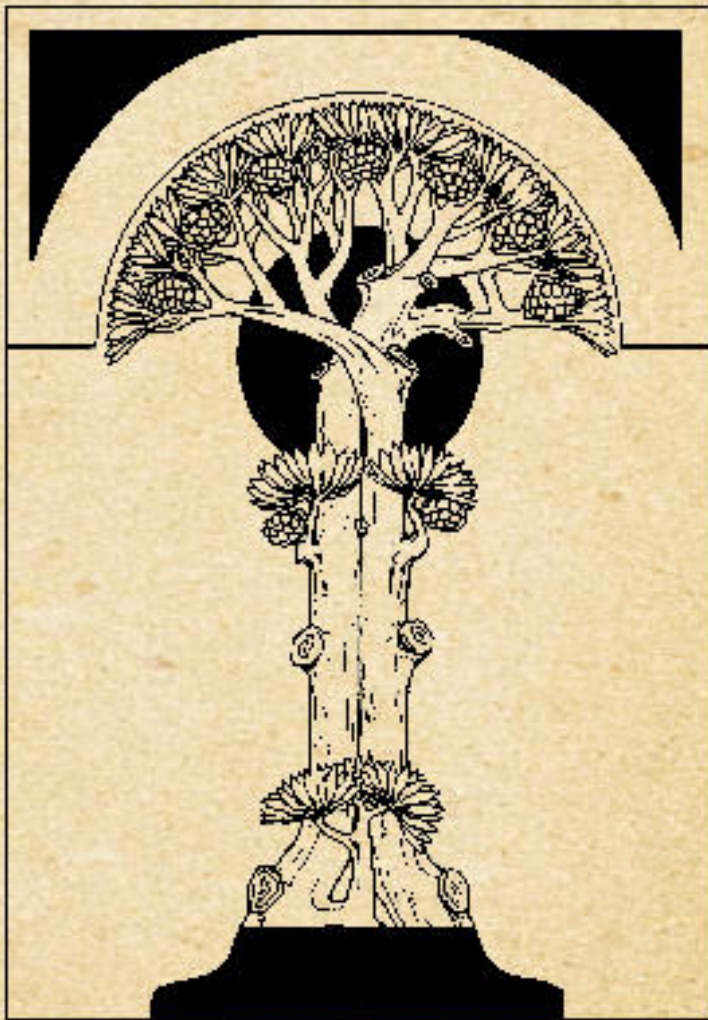
Illustrative Case No. 12

CLINICAL TEACHING CASE No 12.

PAPER CASE

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.



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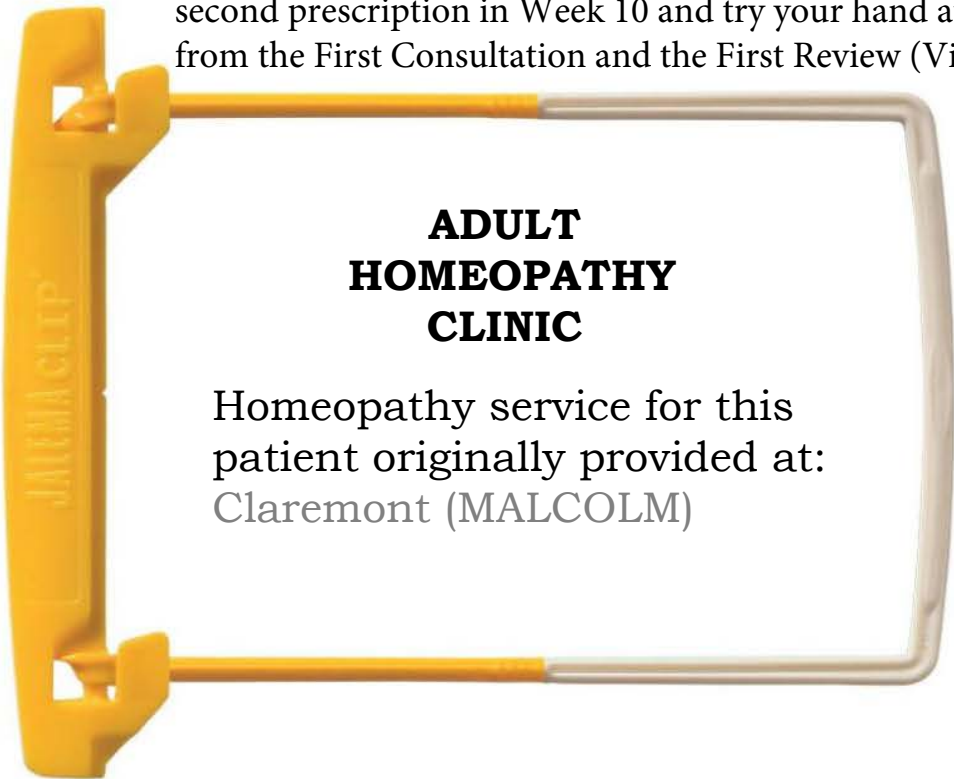
PAPER CASE

Name: **EILIDH T.**
Age at First Consultation 17

Presenting Complaint / Principal diagnosis:
Post-infective Fatigue

INSTRUCTIONS FOR LEARNERS

This is a predominantly a paper case (There is no first consultation video for this patient).
Read through the notes for the first consultation in week: 9.
Write in your treatment recommendation after the first review (for discussion in week 10).
If you wish to consider the second prescription, read the supplementary material on the second prescription in Week 10 and try your hand at repertorising the case, using details from the First Consultation and the First Review (Video and Notes)



After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.

INDEX

Referral / Correspondence Triage Nurse
Case Note extract
Original Written Notes

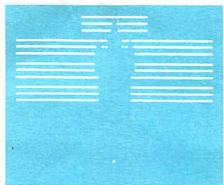
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CORRESPONDENCE

NOTES

REPORTS

OTHER



West Glasgow Hospitals University NHS Trust

GHH Triage

Received 23 March

re Eilidh T. (Date of Birth 13 /11/) Helensburgh

Dear Russell,

We received a referral for this 17 year old female schoolgirl from Gordon Robin in Helensburgh.

She is suffering from a fatigue state and is in her final year at school.

Her Mum phoned because they are anxious to have her seen soon because her higher exams are due to start in May and she is not coping well at the moment.

Unfortunately, we are completely booked here for the next 12 weeks, but her parents would be happy if you could fit her in ASAP at Sandyford.

If you are unable to appoint, can you check with Leonora and Mary to see if they have space in their diaries.

Thanks,

Sandra C

Charge Nurse (OPD) Glasgow Homeopathic Hospital

FIRST CONSULTATION

Summary Casenote

Patient name / id



FIRST REVIEW

Continuation sheet

Patient name / id.



REVIEW 1 - Short edit (1 min)
Illustrating outcome of 1st presc.
https://youtu.be/G4JT3tF4J_I



REVIEW 1 - Long edit (12 mins) :
<https://youtu.be/L9YbKSt1q7c>

View this optional link if you wish to look at
the new current state, contextualise for triggers
and perhaps try a constitutional analysis.

FIRST CONSULTATION

GDH T

DOB 13/11/00 GP J.C. Robin
 Medical Centre
 East King Street
 Hellenburg H.
 Regyh.

Tobo.



Clavicle fr. Transcribed
 to Cases

Still worn out

Ad. D post viral fatigue
 Progressed begins Feb 2001
 Allbs for 1st week
 for inflamed
 tonsils

Used constantly.

Clav's still swollen

Throat sore goes for 1/2 hr then back

Worse E morning.

Amst :- O T B O A O Op O I O A.

Drugs :- Using herbals :- on these for 1/2

Alleged :- none.

St :- lives at home with parents.
 still at school: had to drop as of the
 subjects.

Planning to do management at uni.

FIRST CONSULTATION

Head :- none now

ENT :- some catarrh : upper + lower -
 not too bad -

Month :- 20.1.01 = Bg.
 base & last May.
 Due to come out 5 next 3-4/12.

RS :- O C O W O B
 Had a cough 3/42 ago which has subsided.

GE :- O I O C O D O U

Gu :- O I O ? O D.

Shin :- Some slight redness & aches & legs
 A bit rough

Woco :- joints really aching. Knees very aching.

T° :- Warm blooded. No overheating.
 Quite a lot of persp - not a problem

Q :- Variable energy day to day.
 Not so good on waking.

Appetite :- OK. D :- disc.
 orange juice.
 A :- no food disorder -
 vegetarian diet
 for past 1/2.

Mind :- easy going
 doesn't speak feeling
 getting on with others is important
 No fears or phobias
 Has fallen out with some friends but realising
 No BF.
 Hobbies :- used to go horse riding x2 / week
 planning to go back.

Has been going to for half days.

Sleep :- not very good. 2 1/2 hrs to get to sleep
 used to wake x3/4 per night. Herbalist gave her
 something which has been helping.

15/05

FIRST REVIEW

Overall quite a bit better -
 Has had a cold this week
 Gradually getting
 Clavids > . Not as tired. Sleeping better
 Energy still down. physical + psychological.
 1st exam on Friday.
 Appetite ok.

Head :-

ENT :- A bit catarrhal

Mouth :- "V" "E" "B"

R.S. :- "O" "C" "O" "W" "D"

G.I. :- "O" "I" "C" "D" "O" "W"

G.U. :- "O" "I" "C" "D"

Shin :- OK at the moment

M.P. :- I do pain. "Shi" "ant"

Loco :- Sometimes makes time to am.
 No other medication seen 4pm appointment

SECOND REVIEW

18/09/

Energy ↑. More novel.

Claws came up again last week.

Used heavy + lemon. Resolved 7/82.

Not sleeping v. well. mtd suggested review.

Still a headache. Due to go back to Univ in 2/82.

Shimmy nose. ° fever.

° obvious tremors.

OK today. Was a bit croaky this morning - a

bit choked. No cough.

Appetite OK.

Sleep - preoccupied. Humming thing through head.

Not able to shut.

Some retrospection. Some apprehension.

Not nervous as such.

Confidence variable. Confident with people she knows.

OK w interviews. But shy at other times.

Shy with those she doesn't know.

Going to Univ with quite a few people that she knows.

①:- " A:- "

①:- times for 2/82 or rising.

T⁰:- can be either hot or cold.

Head:- "

one:- some contact or rubbing.

Mouth:- " u o s b s

RS:- "

GE:- "

Qu:- "

Shut:- "

ms. 5. bit heavy
for 1st few days.

Same instability prior.

Energy OK.

Joint:- "

Knees troublesome

→ quite painful.

① > ②

Uses to dance.

> after stopping.

Still some

trouble if

walking or

standing

at wrong angle.

? lab-c ? sil ? caus ? bell ? sep. ? hys-c.

? hys. ? more ? clean ? this ? nat-c.

? phos ? net-on ? mix-u ? an-c ? neg-c.