



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**



Study Case No 14.

Name: Sultana Z.

CONFIDENTIAL

Pre-membership Course in Medical Homeopathy

Clinical Case Study

Case Ref:			For Study in Week:	
Patient:			Age:	
			Please respect patient confidentiality. Case studies are provided for personal study within this course only.	
Domain:				
Therapeutic Area / Presentation:	1.			
	2.			
	3.			
Life stage:				
Homeopathic Category:				
Notes / Learner Instructions				
				

FIRST CONSULTATION

Continuation sheet

Patient name / id

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FIRST CONSULTATION

SUKTAWA

I RD
P

28/04/04

transcribed

was happy the day before
→ phone conversation with H:- he said he would prefer to wear a head scarf.
But he said: you can't pick & choose
felt all the psychotherapy crumble.
felt that she had developed a delusion with psychotherapy.
Confusion between FS anger & God's anger.

Was married in August: arranged marriage.

After '12 began to get obsessed thinking.

Began to before marriage:-

Francee

After marriage :- is it OK to wear T.V. & divorce turbans.
and is god angry with me.

amnesia for 6/12 after separation from 1st H'.

Was married before.

Was jealous of last H' : crude about other women

→ jealous/insecure about prev. H'

Insecure in this marriage :- Not jealous but feels insecure.

Worry & fear about becoming jealous

What is H' thinking about other women

→ used to cause arguments.

FIRST CONSULTATION

Scared about becoming like last time

Worried about beginning to obsess.

'Fear of mania'?

Salvador C.R. & Chelsea. Was happy there before

Concentration got worse + couldn't work

Thoughts of God coming to get her.

Imagines someone is getting her.

What if I become envious.

Had psychotherapy for 2 1/2 after divorce

Was becoming envious.

Pressure of speech.

Fear of envy, jealousy or thoughts of these.

Paranoid attacks. '12 - 6/12 ago :- partners didn't want her to continue in a distant way.

Was experiencing doubts about everything

Psychotic :- obsessive compulsive thought disorder

Also cognitive therapy. Can still happen.

Feels scared of her thoughts. Thinks something going to get her.

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FIRST CONSULTATION

Panic attacks: sweating, hot close to sleep

Head: -	Great smells nose	D: Targones
eye: -	At an stage was agitated	elementary
Heart: -		tangy things
PS: -	Has put a some weight	fruit juices

GI: - sometimes dizziness / bloating < anxiety

GU: -

M.P.	Causticity on oc.	Rx Cetivine
	Has polychromia ovaries	Amegs-3
		Amelgo.

darkest + scumier
not forming so well
lighter up
used to have remember part now can't tell

Has a rather angry thing in last relationship
Premenstr felt she was playing a part
Feels
If she relaxes is afraid that thoughts will get her.

H: First partner

Mind: - Does discuss problem w partner.
Doesn't speak about part with partner.

Controls thought content. Doesn't trust
Controls temp & throat. Feels a existence.
Scared to relax.

FIRST CONSULTATION

Feels guilty about being happy.
Feels as though waiting for trip going wrong

To: - > fresh air : and open / fresh air.
Pref want.

Fears: -
Some fear of responsibility & commitment
Afraid to be severe. Afraid that she will mess up the relationship

Some fear of God's judgement

Afraid of having children + responsibility of children
Also afraid of marriage domestic violence

Panic attacks: sweating + wants to run.
→ Scared just thinking about them

Sweats + feels she smells straight after a bath.
As just starts sweating + embarrassed by this.

Not so embarrassed by tears: prior to psycho used to cry prior to nerves. was embarrassed to cry

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FIRST CONSULTATION

Coloured teeth.

M + F : used to argue

F : could have a bad temper : hated him as a child

Quite a religious background :

But some laxity & lifestyle

Was rebellious at uni : went out with

Guilt and feeling of being wrong & not a good.

Father said that God will punish you for interfering

in parents arguments. Always felt she was bad

Guilt element : - used to deal out with friends..

FIRST REVIEW

19/5/04

Sweating >

(TC)

30/200/1K/1

Anxiety >

Desire to have children all of a sudden

Feeling calmer.

Thinking clearer.

Planning to see psychologist.

Planning to go back to work.

Overall fine