



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY/GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**

Study Case No 16.

Name: Yvonne McC.

CONFIDENTIAL

Pre-membership Course in Medical Homeopathy

Clinical Case Study

Case Ref:			For Study in Week:	
Patient:			Age:	
Domain:			<p>Please respect patient confidentiality. Case studies are provided for personal study within this course only.</p>	
Therapeutic Area / Presentation:	1.			
	2.			
	3.			
Life stage:				
Homeopathic Category:				
Notes / Learner Instructions				
				

Dr. D.P. ANDERSON
Dr. A.J. McCracken
Dr. Ethel Aitken

Dr. MALCOLM
25-4-
10-20 AM

G.P. PRACTICE CODE: T1350-9

87424.
BURLEIGH MEDICAL PRACTICE
LOCH LEVEN HEALTH CENTRE
LATHRO, KINROSS
KY13 7SY

TEL: (0577) 862112
FAX: (0577) 862515

Dr. R. Malcolm,
Homeopathic Clinic,
62 Buchanan Street,
Baillieston,
Glasgow.

5th April

Dear Dr. Malcolm,

re. Yvonne McC D.O.B. 27:10:
24 Crescent, Kinross KY13

Thank you for seeing Yvonne. She was diagnosed as having SLE in , after many years of recurrent arthralgia.

She had previously suffered from autoimmune haemolytic anaemia, but this has resolved following splenectomy in .

Yvonne has been particularly troubled by recurrent tendonitis of her hands and her Achilles tendons in particular.

Her tendency to arthralgia has been greatly helped by Siberian Ginseng as suggested by Dr. Fisher when I spoke to him on the telephone. However she is troubled by "flare-ups", particularly premenstrually, the symptoms which occur at that time, she can describe to you herself.

In addition to Ginseng, her current drug treatment is
Prednisolone e.c. 5mg
Brufen 400mg tds
Hydroxychloroquine 200mg bd
Propranolol 20mg

Yours sincerely,

Alistair J. McC

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

FIRST CONSULTATION

Name: Age:

You can annotate this recording sheet while you view the video case. You may find it more convenient, however, to download and print the recording sheet from supplemental materials and patch in the history by hand.
Complaint:



History of Present Illness:



<https://youtu.be/4eDCP-V3b-I>

The first consultation is not available on video. Use the link to play a reading of the case note. Size the video player window on your computer desktop so that you can simultaneously make entries into this case recording sheet.

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

HOMEOPATHIC SYMPTOMS

GENERALS

Heat: Cold: Perspiration:
Time: Weather:

STOMACH

Appetite: Disordered:
Aversions: Thirst:
Desires:

SLEEP

PARTICULARS

Head Stomach
Eye Abdomen
Ear Bowel
Nose Genito-urinary
Throat Back
Respiratory Extremities
Skin

MIND

FIRST CONSULTATION

OR MCC

LOGAN, LEVEN H/C.

B7424

Name MRS YVONNE MC D.O.B. 27-10- F. Sex Occ. Date 25-4-

Address 24 KINROSS

Complaint

History of Present Illness

▷ SLE 1992

affects muscles + tendons

<https://youtu.be/4eDCP-V3b-I>

Trying to admit tendon →

swelling + redness recurrently

Had to ↑ steroids.

H' hipster muscle with steroid which has helped. hypertension. | Coxsackie B 2/1, ogo.

Flare-up every month < Menses.

17/11 menarche RTA 15/1 RTA 16-17/1 → driver killed.

18/11 haemorrhaged was working in London

3/12 later: yellow skin :- spleen enlarged, heart aneurysm & haemolytic anaemia; high doses of steroids for 3/12

Previous Illnesses :-

Can't place hands flat on table. Leads to carpal tunnel pain like tortoise.

Personal

Lives 2 H :- 2 children: well. M :- + Jan: bronchial CA. F :- 18/1, embolism.

Menstrual History

Variable heavy.

Last 1/12 can be brown-black

Family History

Thyroid disease

RA. Asthma. Sister SLE < RA.

Examination

OEP

Fish oils

Carli

Siberian Ginseng.

Trud 1/2 prior to menses, bloating

myalgia. Then → flow. Then

after menses < again :- for 2/12

Severe breasts + hands sore, tender

Aliberty

Has tried amiza, pilatilla



FIRST CONSULTATION

? Amiza.

? cortis.

Sea ||

windy weather < low pressure < cold || damp || frosty || ice packs ||

HOMOEOPATHIC SYMPTOMS

Generals

Heat :- No overheating

Cold :- chilly.

Sweat Not much.

Time :- > 10:30-12:00.

Weather

Stomach < 2:30 onwards

Disordered :- 0.

Appetite :- good.

Thirst

Movement helps.

Aversions < bananas, eggs.

? corin.

Desires :- choc. < prior to menses, salt+, (fruit (apples)).

? Nat-^m

Sleep tired = morning. - (? worse after sleep)

Particulars

Head :- lightening of scalp.

Stomach

Eye < on wet approaches.

'Water berries' belches after eating mainly pears. food seems to lie in the stomach.

Ear 0 catarrh.

Abdomen

? Rhust.

Nose

Bowels

Throat

Genito-urinary

:- 0 discharges. 0 infections

Face

Back

? Naja.

Mouth

Extremities :-

Respiratory

Skin

No mouth ulcers

sensation of someone sitting on her chest

muscle spasm < inspiration

Ectopic beats

fatigue + fumes breath away. → faint + lightheaded.

skin dry, hair thin

Bruises fairly easily.

MENTALS

? sil

? caust

? jers

Chronically tired.

hails energy

Mind trauma :- → dysphasia

Stiffen hips, back + shoulders

Not depressed.

Walks with the cold.

Not strenuously today.

Keeps feelings herself

Anticipatory.

Gets down + fed up.

"Anxious person"

tries to work out solution to problem before problem has arisen

Nat-mur. 3g 200h / 12 h

FIRST REVIEW

Continuation sheet

Patient Name / id.:

Time since first seen:



<https://youtu.be/p1EoS00gDno>

SECOND REVIEW

Continuation sheet

Patient Name / id.:

Time Since Last Review



https://youtu.be/zGAyo8g9m_o

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

Name MRS YVONNE MCC
 Address 24 CRESC KINROSS KY13

No. B. 7424

30/5

1st 34 days same. Then started to feel better
 hands + feet has had some cream
 M.P. heavy this time. A little lower since M.P.
 Had a reversion removed from foot 1/2 ago
 M.P. 1/2 ago.

Always feels worse prior to nerves
 This time had only a small reaction to M.P.
 with a smaller reaction. Normally M.P. would
 last for a week. This time M.P. much heavier
 and shorter lived.

Had appointment with a catheterist.

Took remedy again. after 5/7

No change this time long M.P. episode of
 S.V.T. Hands stiff. Felt disappointed.

Has gone back on propranolol. Got a fright
 when she got S.V.T. because timing at the time.

< Prior to nerves. Muscle stiffness + soreness
 > 1st two weeks after M.P.

1st REVIEW

<https://youtu.be/p1EoS0gDno>



2nd REVIEW

https://youtu.be/zGAYo8g9m_o



27/6

Not sure 30/2 2007
 in event of poor progress

30/2 2007

3rd REVIEW

22/8

Had one flare up of skin since last
 visit. Occurred in mid July (13-14)
 No overall great reaction
 M.P. was five days early and quite heavy
 since last visit.

Sleeping OK. Still having to take Propranolol.
 Still has so-called S.V.T. Has not been off
 Propranolol since last visit.

Feels down half way through cycle.

S.L.E symptoms have been quieter.
 Last main bout of S.V.T. was prior to
 Naga. But getting mild fluttering. Times
 she is frightened of exciting herself.

30/2 2007

in event of deterioration

4th REVIEW

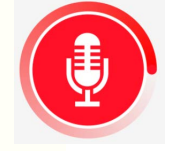
28/11

Hasn't taken repeat dose of
 last M.P. came early associated with
 stiffness in tendons 1/2 prior to M.P.

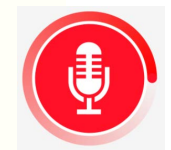
Symptoms cleared up with onset of flow.
 No flare prior to M.P. period.

Periods have been heavy this month +
 last. Stopped Propranolol. Now stopped steroids

Just on Plaquenil + buffer. No new symptoms
 arising. Feels well as herself. Some ...



<https://youtu.be/iZfrnBxUTVg>

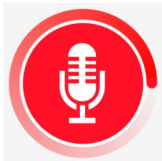


<https://youtu.be/gLQoUDX8LZk>

27-10-

Name YVONNE M^cC
Address 24 CRIS
KINROSS

Case No. ^B 7424



<https://youtu.be/HP1pJFH84c8>

5th REVIEW

just prior to menses.

22/12

code 2/12 cgs.

Some palpitations prior to this menses.
? late remedy time reaction. To
evaluate outcome after next period of
otherwise stable. No R

30/1

Had a bout of tendon swelling
over christmas + new year.

? fatigued at the time. m.p. 1/7
early. last m.p. started 8/7 late.

Some ectopic beats. Some triple beats.

Second week of cycle has atypical beats.

Happens almost at ovulation. 2nd week.

A lot at that time. Takes breath away.

Feels like lost a couple of seconds out of

life

30/3

6th REVIEW

2/4/1

7th REVIEW

2 cycles since last visit

Took Oestrogen two days after last m.p.

Everything ok for a week then << breasts

swell + lumpy which went on for whole month

m.p. to schedule. Over last month breasts

swell to and m.p. 4/7 early but not so heavy
as usual. Couldn't bear contact.

Currently not too bad but getting at ectopic beats

No full blown SVTS feels ok in herself. No new symptoms

Some discharge this last month. For past 2/12 and

still present. Energy ok. Had viral throat infection.

had been augmented in last 3/12

20/12/2



https://youtu.be/_qPlvqxgteo

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER



INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

