



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**

Study Case No 1.

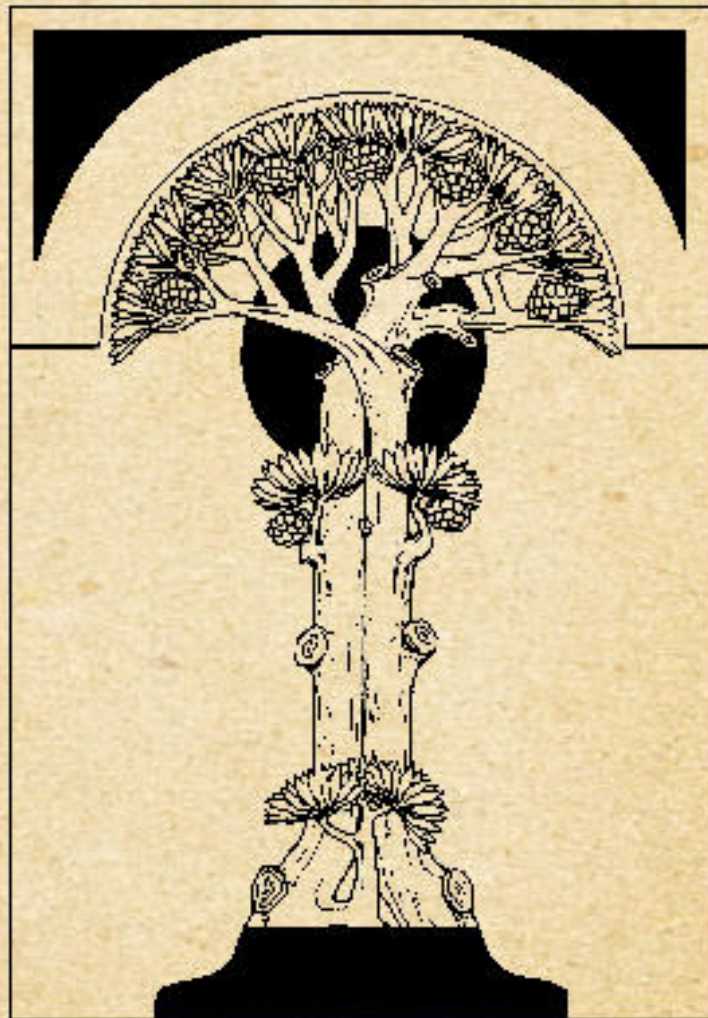
Name: Ellen C.

CONFIDENTIAL

CLINICAL TEACHING CASE No 1.

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.

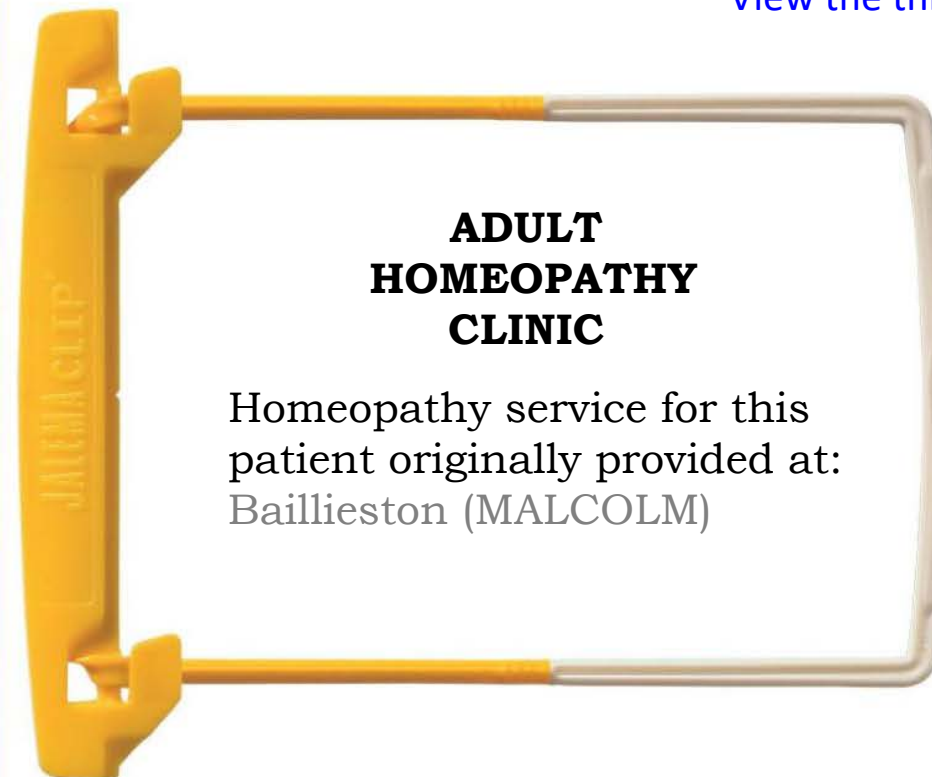


Centre for Integrative Medical Training 2021
Provided on licence to registered students of
Homeopathy Property of CIMT. All rights reserved.

Name **ELLEN C** Age at First Consultation yrs Presenting Complaint / Principal diagnosis:
Musculoskeletal pain

INSTRUCTIONS FOR LEARNERS:

Study the referral and [view the first consultation](#) for this case in week: **2**
[View the first review](#) consultation and consider further treatment in week: **3**
[View the second review](#) consultation in week: **4**
[View the third review](#) consultation in week: **5**



ADULT HOMEOPATHY CLINIC

Homeopathy service for this patient originally provided at:
Baillieston (MALCOLM)

After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.

INDEX

Referral / Correspondence
GP LETTER
Case Recording Sheets
Original Written Notes (First Consultation)
Investigation Reports(
Repertoristions & Searches (empty)
Clinical Audit / Outcome Reports (empty)
Clinical Photographs / Images
Miscellaneous (empty)

TUES 26-10-

B6664

Hospital use Only
Clinic DA MARCOHM
Day Date 10-00AM

CONFIDENTIAL

Hospital No. GP112B

Ambulance Transport Required: Yes/No Sitting/Stretcher
REQUEST FOR OUT-PATIENT CONSULTATION
THE INFORMATION IN THIS SECTION MUST BE COMPLETED
Appointment Category Routine Soon Urgent

Hospital Homeopathic Hospital, Glasgow Date 20.8.
Please arrange for this patient to attend the Out-patient clinic of Dr/Mr

Patient's Surname C
First Names Ellen Maiden Surname

Address Chestnut Avenue, Date of Birth 7.11.
Patient's Occupation

Postal Code Contact telephone number
Has the patient attended hospital before? YES/NO If "YES" please state:

Name of Hospital
Year of Attendance Hospital No.

If the patient's name and/or address has/have changed since then please give details:

Can patient attend at short notice? YES/NO
If YES, minimum notice required days

Name, Address and Telephone number of MEDICAL/DENTAL PRACTITIONER
Dr. M. D. Winter
WHITBURN GROUP MEDICAL PRACTICE
THE HEALTH CENTRE, 1 WEAVERS LANE
WHITBURN EH47 0SD
Tel: 0501 740297
Please use rubber stamp
78190

PARTICULARS OF PATIENT IN BLOCK LETTERS PLEASE

I would be grateful for your opinion and advice on the above named patient. A brief outline of history, symptoms and signs is given below:

Dear Colleague,

I would be grateful if this young woman who works as a machinist at Levi's, could be seen and advice given with regard to the further management of intermittent joint discomfort which has been present since the early part of this year. There is no fixed pattern although they do tend to be worse first thing. There has been no objective evidence of change and no acute inflammation noted. Obviously it is easy to suppose that some of the tendon discomfort in her wrist is secondary to moving large bales of denim cloth, but this does not fully explain the problems in her knees or her elbows. Over the last few months we have tried to reassure her. She has seen the physiotherapist with little benefit and most recently I tried Surgam SA with some benefit. That being said she herself is looking for a non-medical answer if at all possible as understandably she does not wish to be committed to non-steroidals longterm. Your over-view and advice would be much appreciated.

Yours sincerely,

Momanabur

DR. M. D. Winter

Diagnosis/provisional diagnosis:

Present drug treatment and potential special hazards:

X-ray (women of childbearing age). Date of first day of L.M.P.

Relevant X-rays available from: No. (if known)

Signature

Aug



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY/GARTNAVEL GENERAL HOSPITAL UNIT

B. 6664

Our Ref RM/PC.....

Your Ref

Phoning
ask for Dr. Malcolm

Homoeopathic Out Patient Clinic,
62 Buchanan Street,
Baillieston,
Glasgow G69 6DA.
Tel: 041-771 7396

29th October,

Dr. M.D. Winter,
Whitburn Group Medical Practice,
The Health Centre,
1 Weavers Lane,
Whitburn, EH47 0SD.

Dear Dr. Winter,

Re : Ellen C Chestnut Ave., W
D.O.B. 7/11/1

Thank you for referring this lady to the Homoeopathic Out-Patient clinic. She experiences shifting joint pain and stiffness, affecting mainly her fingers and wrists, but extending to knees, ankles and feet. She feels that her grip strength is affected when the symptoms are current. Local warmth seems to ameliorate her local symptoms, and exertion can cause a general aggravation.

Mrs. C presents as an independent and well informed person. She is generally quite stoical and direct. She admits to feelings of anger when her symptoms are current, becomes frustrated when she is limited in her abilities.

She has a number of other reactive symptoms, including a tendency to perspire, high heat sensitivity, flatulence, tension headaches and intermittent chest tightness. The intermittent and shifting nature of her symptoms tend to suggest that this is largely a reactive problem, rather than pathological in nature.

On the basis of this, treatment has been started with [REDACTED] which relates to [REDACTED]

If she is sensitive to this material, there should be a perceptible change in her reactions over the forthcoming weeks. A review appointment in 5 weeks has been arranged.

Yours sincerely,

Dr. R. Malcolm.
MB. ChB. BA. MF Hom.

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

FIRST CONSULTATION

Name: Age:

You can annotate this recording sheet while you view the video case. You may find it more convenient, however, to download and print the recording sheet from supplemental materials and patch in the history by hand.
Complaint:



<https://youtu.be/74QubaUW0m0>

Use the link above to access the Consultation Video. Size the video player window on your computer desktop so that you can simultaneously make entries into this case recording sheet.

History of Present Illness:

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

HOMEOPATHIC SYMPTOMS

GENERALS

Heat: Cold: Perspiration:
Time: Weather:

STOMACH

Appetite: Disordered:
Aversions: Thirst:
Desires:

SLEEP

PARTICULARS

Head Stomach
Eye Abdomen
Ear Bowel
Nose Genito-urinary
Throat Back
Respiratory Extremities
Skin

MIND

FIRST CONSULTATION

Continuation sheet

Patient name / id

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

FIRST CONSULTATION

Continuation sheet

Patient name / id.

INDEX

CORRESPONDENCE

NOTES

REPORTS

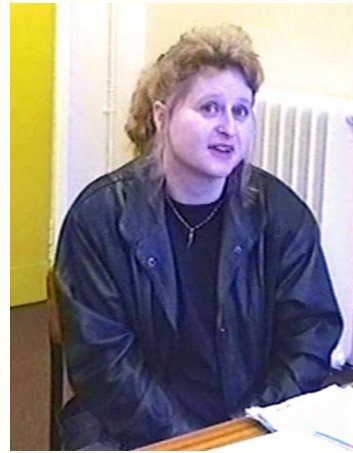
OTHER

FIRST REVIEW

Continuation sheet

Patient Name / id.:

Time since first seen:



<https://youtu.be/8ts3SGATqsI>

SECOND REVIEW

Continuation sheet

Patient Name / id.:

Time Since Last Review



<https://youtu.be/XmG-Jcy7i3w>

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

THIRD REVIEW

Continuation sheet

Patient Name / id.:

Time since first seen:



<https://youtu.be/h66WacD4iKY>

Continuation sheet

Patient Name / id.:

Time Since Last Review

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

FIRST CONSULTATION

WHITBURN
 Name Mrs. ELLEN C.
 Address 4 CHESTNUT AVE,
 Complaint
 History of Present Illness

DR. WINTER,
 WHITBURN. B6664
 U.O.B. 7-11- Sex F Occ. Date 26-10-

Started with stiffness in fingers
 Shifting symptoms in hands wrists & shoulders. ? Cervical.
 Went to sleep aerobics & Calorony
 Grip strength ↓ Not affecting work at present.
 Cold imitates wrists? Some repetitive work (R) & (L) Shifting.
 Warm > Seemly seen at Lewis. Not as joint swelling.
 Not much stiffness but quite a lot of aching. Cells as though injured.

Previous Illnesses :- Brandelitis
 Allerg - pains
 Personal :- MP OK still on oc.
 Menstrual History :- Joints A.
 Hospital investigations largely negative but R = antibodies 2/1 ago.
 Had stomach symptoms felt something had burst associated with NW.

Family History Marned 1975 :- back shift manager
 1 son - 1979 :- No problems in pregnancy
 - son has asthma.
 Examination
 M: - arthritis :- OA RA
 P: - epilepsy = Asthma.
 No FH of TB.

FIRST CONSULTATION

HOMEOPATHIC SYMPTOMS

GENERALS
 Heat: Sensitive to change Cold: Perspiration: Normal
 Time: < Evening 8pm Weather: Not very comfortable in last weather

STOMACH
 Appetite: Previous smoker Disordered:
 Aversions: now averse Thirst: Normal.

Desires: Highly seasoned food including spices
 SLEEP Very light sleeper: slight noise <
 PARTICULARS

Head Stomach Awkward + sensitive to rich foods NB. Gastric Ulcer
 Eye Sensitive to bright light Abdomen
 Ear Dislikes noise Bowel Stools N regular.
 Nose Genito-urinary II
 Throat Dryness in throat Back Aching after stepping work.
 Respiratory II Intermittent oral ulceration Extremities See PC hands + wrists aching
 Skin > while working. Stiffen afterwards.

MIND Independent Nature Self Reliant
 Quick rapid responses Fearful of losing capacity
 She often doesn't finish sentences - for work
 Relaxed in interviews but loss of eye contact on certain personal questions. Job fears
 Likes a quiet house. Agitated with noise / bustle
 Sensitive to overload. Robust appearance but sensitive & vulnerable
 Tidy. Coiffured + conscious of image. Generally likes company
 Sociable on own terms

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

FIRST REVIEW

Name. ELLEN C

No. B6664

Address. CHESTNUT AVE,

30/11
1st few weeks felt better. Then flu & periods of feeling calm. Stomach settled Jan. Ankles > but achy concentrated in hands. Flu attacked everywhere. Was in flu for 4/7 last week. No coffee. Feels everything in very bright for past 3-4/7. Mood was calm for 3-4/5. When doesn't sleep. Used paracetamol and used some benlyin during 'flu.

SECOND REVIEW

29/12

Not too bad. Once again better for some weeks. Recent slip-back. (why?) Just one finger sore and sore nipples for the first weeks - sleeping was better and mood was ok. 'Snippy' recently - ie more irritable as mood has slipped off. Chilly and cold sensitive. Hands get

v. cold quickly. Take time to warm up & then go v. hot. (R) > (L) overall.
< 8-9 pm. Not great in morning. > 1 pm - then deteriorates in evening again.
Achy, pain. Some swelling.
Improvement: overall better but slips, back. Still uses NSAIDs. but not sure they are effective. Didn't seem to ameliorate local symptoms. Some PMT some months. 'Agitated' for a time premenstrually those months.

THIRD REVIEW

1/21

Still some pain 1/2 after review. Then no pain. Feels back to normal. Feels great. Achy & a little. Tender to touch previously. M.P. ok. Sleeping ok. Energy ↑↑. Not aching so much. No NSAID.

PA	No.	PATIENT REF.	REMEDY REF.
REMEDY:	POTENCY:	FREQ.	
Q	Or To	Exp. Use	L.M. Q.M.
BATCH REF:			
RESPONSE GRADE			sig.



C I

Case #:

Patient's Name: Ellen C

Registration Date:

Age/Sex: y Female

Report Date:

Contact No:

Specimen:

Reference:

Consultant:

HAEMATOLOGY REPORT

Result
 12350 - 21 - 5

Tests	Normal Range	Unit
-------	--------------	------

BLOOD COMPLETE COUNT

Haemoglobin	13 - 18	g/dl	13.2
WBC (TLC)	4 - 11	x10 ⁹ /uL	5.1
Total RBC	4.5 - 6.0	x10 ⁶ /uL	5.4
HCT (PVC)	38 - 52	%	48
MCV	80 - 96	fL	92
MCH	27 - 32	pg	39
MCHC	30 - 35	g/dL	41
Platelets	150 - 450	x10 ⁹ /uL	185

DIFFERENTIAL LEUCOCYTES COUNT

Neutrophils	40 - 75	%	65
Lymphocytes	20 - 45	%	32
Monocytes	02 - 10	%	02
Eosinophils	01 - 06	%	01

Repertory Links

<http://www.homeint.org/hidb/kent/index.htm>

https://play.google.com/store/apps/details?id=softsolutions.repertory_en&hl=en_GB&gl=US



Radiology - Ellen C.



INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER