



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**CHILDREN'S
HOMEOPATHY
CLINIC**

CONFIDENTIAL

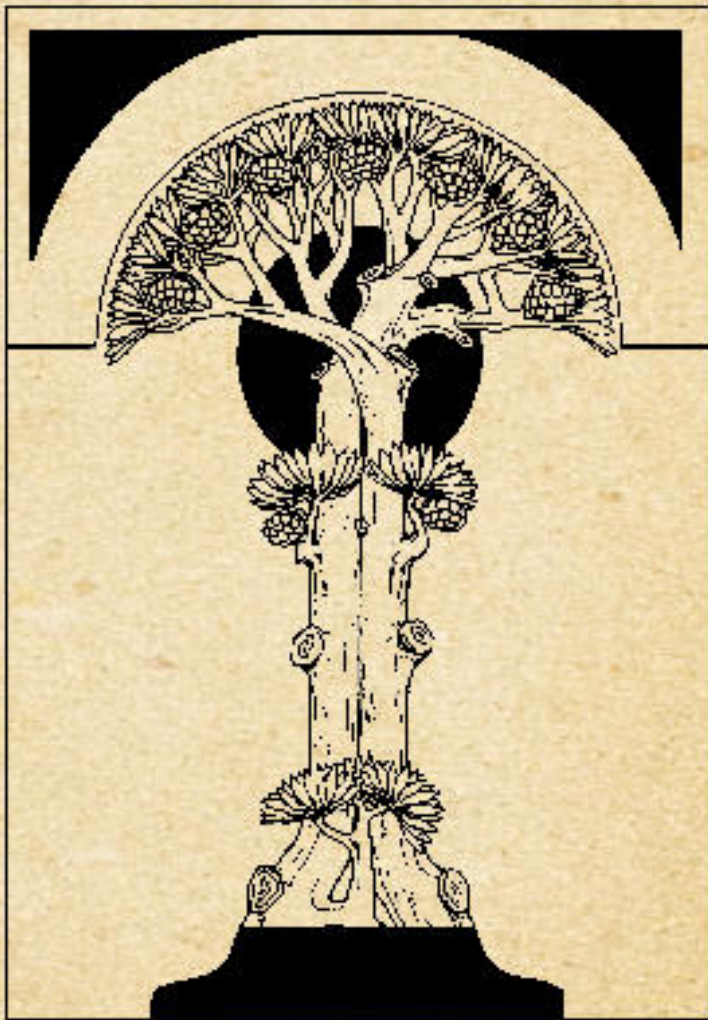
Name: Neil J.

Study Case No. 2.6

CLINICAL TEACHING CASE No 2.6

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.



Centre for Integrative Medical Training 2021
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Name: Neil J..
Age at First Consultation 6 yrs

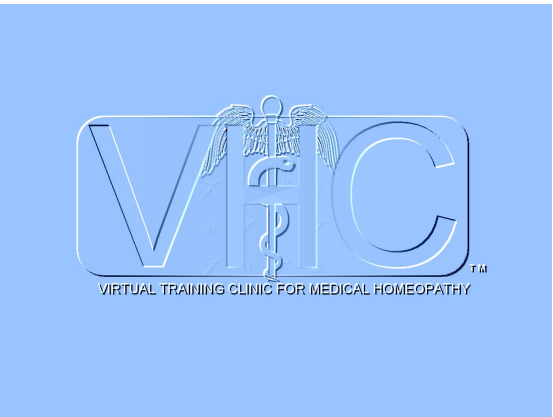
Presenting Complaint / Principal diagnosis:
Eczema, small stature / growth delay

INSTRUCTIONS FOR LEARNERS:

Study the referral and [view the first consultation](#) for this case in week: **4**
Consider all review consultations and discuss further treatment in week: **5**



After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.



INDEX

- Referral / Correspondence
- GP LETTER Case Recording Sheets
- Original Written Notes (First Consultation)
- Investigation Reports(empty)
- Repertoristions & Searches (empty)
- Clinical Audit / Outcome Reports (empty)
- Clinical Photographs / Images
- Miscellaneous (empty)

Dr. J. R. M. Lough
22.3.94
9.40 AM

use Only	Clinic	Day Date	Time	Hospital No. 5301	GP112
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REQUEST FOR OUT-PATIENT CONSULTATION
THE INFORMATION IN THIS SECTION MUST BE COMPLETED

Appointment Category
Routine ☒ Soon ☐ Urgent ☐

Hospital **HOMEOPATHIC (BAILLIESTON)** Date **21.1.**

Please arrange for this patient to attend the clinic of Dr/Mr

Patient's Surname J. Maiden Surname

First Names **NEIL ROBERT** Single/Married/Widowed/Other

Address **7 S Avenue** Date of Birth **15.1.**

..... **AIRDRIE** Patient's Occupation

Postal Code **ML1** D Contact telephone number **61666**

Has the patient attended hospital before **YES**/NO if "YES" please state:

Name of Hospital Hospital No. **61666**

Year of Attendance If the patient's name and/or address has/have changed since then please give details:

Can patient attend at short notice? YES/NO

If YES, minimum notice required..... days

Name, Address and Telephone Number of
MEDICAL/DENTAL PRACTITIONER

DR J R M LOUGH
AIRDRIE HEALTH CENTRE
ML1 0JU

Please use rubber stamp

I would be grateful for your opinion and advice on the above named patient. A brief outline of history, symptoms and signs is given below:

Dear Doctor

This wee lad has problems with atopic eczema virtually since birth. He in fact attends the Dermatology Clinic as a result of these and at present is on Terracortril to his face, Trimovate to his body and Vallergran syrup at night. He is quite small for his age despite having two very tall parents but his growth has been progressing along the 3rd centile, though his parents are quite concerned that his eczema is perhaps contributing to this.

I would be grateful for any advice you could give him on possible exclusion diet and homoeopathic remedies to help the situation.

Kind regards.

Yours sincerely

J R M Lough
J R M LOUGH

Diagnosis/provisional diagnosis:

Present drug treatment and potential special hazards:

X-ray (women of childbearing age). Date of first day of L.M.P.

Relevant X-rays available from: No. (if known)

Signature

FIRST CONSULTATION

Name: / Age:

You can annotate this recording sheet while you view the video case. You may find it more convenient, however, to download and print the recording sheet from supplemental materials and patch in the history by hand.
Complaint:

History of Present Illness:



https://youtu.be/Zmg_KLbrDsU

This link is a proxy for the first consultation, which is not available on video. Please use the case notes provided. This short video will give you some additional visual information of value in establishing the constitution.

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

HOMEOPATHIC SYMPTOMS

GENERALS

Heat:	Cold:	Perspiration:
Time:	Weather:	

STOMACH

Appetite:	Disordered:
Aversions:	Thirst:
Desires:	

SLEEP

PARTICULARS

Head	Stomach
Eye	Abdomen
Ear	Bowel
Nose	Genito-urinary
Throat	Back
Respiratory	Extremities
	Skin

MIND

FIRST CONSULTATION

DR LOUGH
AIRDRIG H/C

Name NEIL J. 15.1 M. 22/31
D.O.B. Sex Occ. Date

Address 7 E AVENUE AIRDRIG ML DO.

Complaint Eczema.
History of Present Illness

M - Para 4th at time Eczema - since infancy.
L.U.S.O.S. Eczema on trunk, limbs, ankles, trunk.
39/40. Scratching a lot.
Normal pregnancy. < night.
- birth at 716 1303. Head also bad.

No specific allergy

Previous Illnesses

OTB °A °J °DM
- Epilepsy

Personal

Menstrual History

Family History

Examination

Mother has hayfever. Not troubled by infections

M - H/W.
F - local government officer.

Sibs: 1 older 1 younger } No eczema.

Enulsiderm
Epogam 6 daily. Eumoxate, Timoxate.
Synalar, Synalar-C
Unquatum-medic

FIRST CONSULTATION

Summer < winter 11

HOMOEOPATHIC SYMPTOMS

Generals

Heat < heat. < skin. Cold 11 No perspiration
Time Weather Sweat
Stomach - poor eater, Disordered
Appetite Variable appetite. Thirst: Tea, milk, juice, ginger, coffee
Aversions - meat, fish, beans + peas. Not esp.
Desires - vegetables, chicken, potatoes, chips, sweets, fruit.
Sleep

Particulars

Head Stomach
Eye
Ear Abdomen Occasional cold
Nose Bowels No wheeziness
Throat Genito-urinary
Face Back
Mouth swears at night
Respiratory But not esp. mouth breather. Small for age.

MENTALS

Grinds teeth
Fears: dog.
Excitable - Not shy mixes well.
Temperamental. ? Affectionate. Not as much as brother
Tantrums: Not violent: screams. Fears: dark.
Weepy. Often quiet.
Slightly shrewish. Was dingy until he
started school.

12/30/09

REVIEWS

15-1-

No. 5301

Name, NEIL ROBERT J

Address, 45 AIRORIE

23/4/ Sebomaceous patches. Generally better

6c

4/6/

Better. Little excoriation
flexures lichenified. Aggravation c HDM.
Remain catarrhal. More liking for salt.
Generally chilly. Only responds on nose.
Still tendency to lymphadenopathy + sepsis
at site of any injury. Freeze eggs + fish
(HDM advice sheet.)

6c

27/8/-

Very well until 2 1/2 ago.
? excitement re going back to school.
Previously good. Using Cole Salph 70%.
Quite cold today. Respiration on end of
nose only. Itching < night
Happy, active.

30/1

12c OD.

24/9/

Cough. sounds moist
Central heating switched on 2-3/52 ago.
Probable ↑ concentration of inhaled allergens
HD 30/

REVIEWS

Review 18/01



<https://youtu.be/C9OMKq6P-ic>