



GREATER GLASGOW HEALTH BOARD  
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

**CLINICAL TEACHING CASE STUDY**

**ADULT  
HOMEOPATHY  
CLINIC**

**Study Case No 2.7**

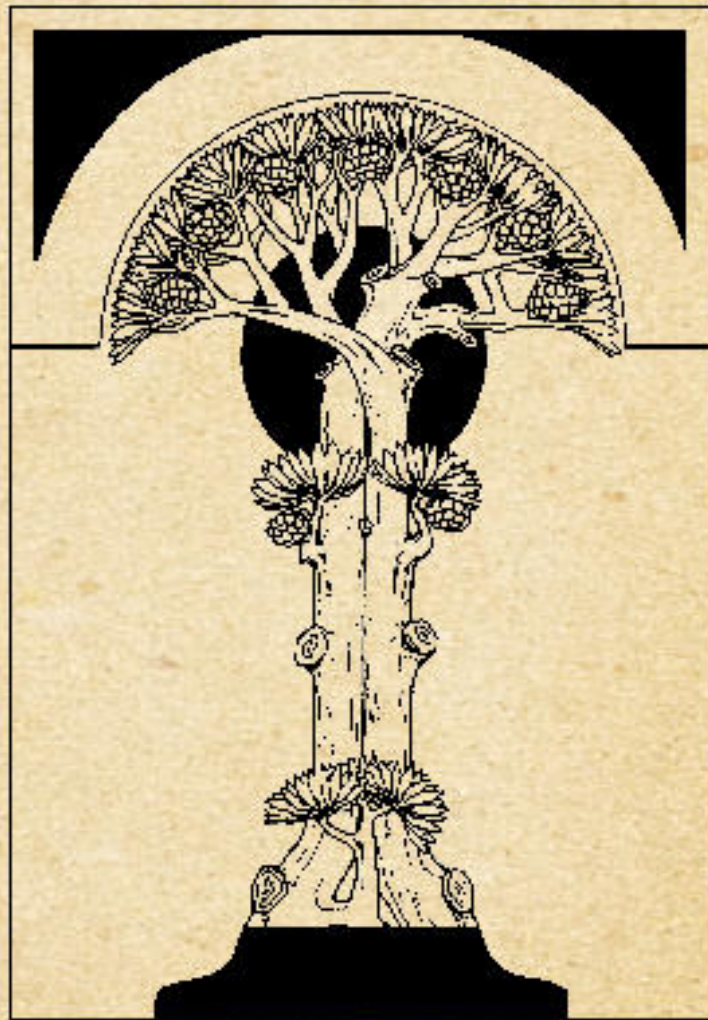
**Name: Heather B.**

**CONFIDENTIAL**

## CLINICAL TEACHING CASE No 2.7

### Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.



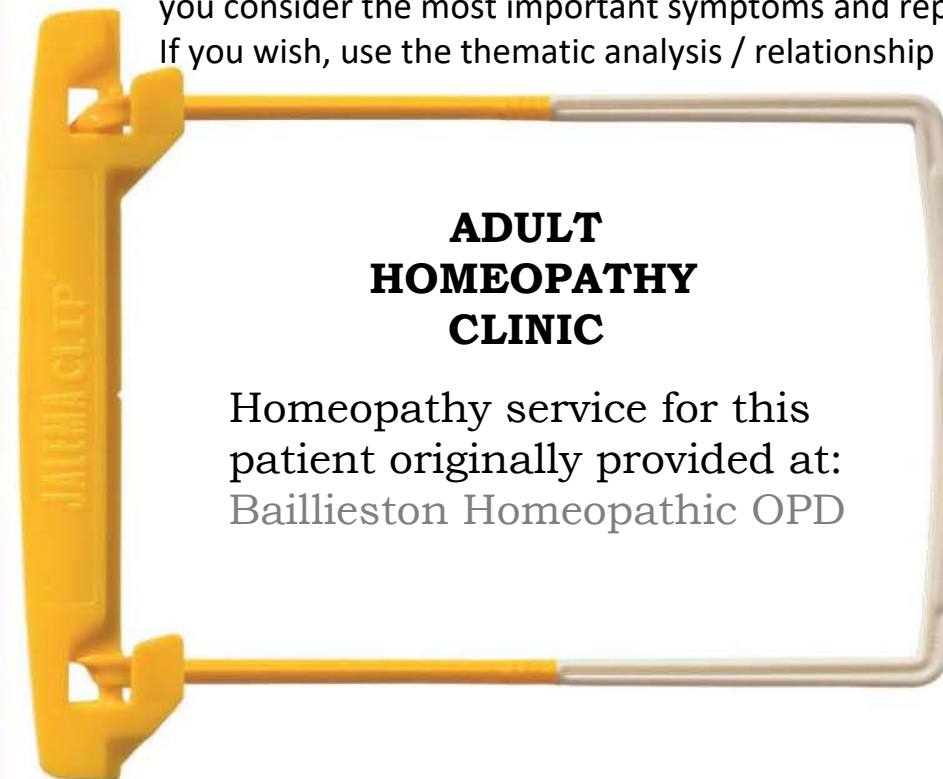
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**Name: HEATHER B.**  
Age at First Consultation 15 yrs

Presenting Complaint / Principal diagnosis:  
Migraine

### INSTRUCTIONS FOR LEARNERS:

This case study is provided as a learning activity - firstly in regard to symptom selection and thereafter as an exercise in case analysis.  
Read the referral letter and the notes for the first consultation. Consider what may have been prescribed for this patient, repertorising as necessary, and read or view the two review consultations. Heather responded partially to the first remedy choice but the remedy did not provide a sustained and deep improvement. Watch the 3rd review on video, select what you consider the most important symptoms and repertorise.  
If you wish, use the thematic analysis / relationship plotter to support your remedy choice.



### **ADULT HOMEOPATHY CLINIC**

Homeopathy service for this patient originally provided at:  
Baillieston Homeopathic OPD

After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.

### INDEX

Referral / Correspondence  
GP LETTER Case Recording Sheets Original  
Written Notes (First Consultation)  
Investigation Reports(empty)  
Repertoristions & Searches (empty)  
Clinical Audit / Outcome Reports (empty)  
Clinical Photographs / Images  
Miscellaneous (empty)

FRI- 14-10-  
9-30

Hospital use Only	Clinic <b>DR MALCOLM</b>	Day Date	Time	Hospital No. <b>B7A11</b>	GP112
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**REQUEST FOR OUT-PATIENT CONSULTATION**  
THE INFORMATION IN THIS SECTION MUST BE COMPLETED

Appointment Category  
 Routine  Soor  Urgent

Hospital **Homeopathic** Date **6-10** CHI No. [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]

Please arrange for this patient to attend the **Homeopathic** clinic of Dr/Mr

Patient's Surname \_\_\_\_\_ Maiden Surname \_\_\_\_\_  
 First Names **Heather B** Single/Married/Widowed/Other \_\_\_\_\_  
 Address **11 Court Blackwood** Date of Birth **2-2-79**  
 Postal Code \_\_\_\_\_ Contact telephone number **Leamington CV11** Patient's Occupation \_\_\_\_\_  
 Has the patient attended hospital before? YES/NO If "YES" please state: \_\_\_\_\_  
 Name of Hospital **0555-894305** Hospital No. \_\_\_\_\_  
 Year of Attendance \_\_\_\_\_  
 If the patient's name and/or address has/have changed since then please give details: \_\_\_\_\_  
 Can patient attend at short notice? YES/NO \_\_\_\_\_  
 If YES, minimum notice required \_\_\_\_\_ days

Please use rubber stamp

PARTICULARS OF PATIENT IN BLOCK LETTERS PLEASE

Family History = mother suffers with migraines

I would be grateful for your opinion and advice on the above named patient. A brief outline of history, symptoms and signs is given below:

**This girl suffers with headaches for 3 years. Headaches are preceded by flickering in her vision with disturbance of right visual field and then followed by throbbing left sided headache associated with nausea. At this stage she lies down in a dark quiet room.**

*Handwritten notes: This girl suffers with headaches for 3 years. Headaches are preceded by flickering in her vision with disturbance of right visual field and then followed by a throbbing left sided headache associated with nausea. At this stage she lies down in a dark quiet room.*

**She had been treated with Sanomigran & Inderal LA for prevention of migraines. She responded to both therapies initially but she did not have good control of symptoms.**

*Handwritten notes: She had been treated with Sanomigran & Inderal LA for prevention of migraines. She responded to both therapies initially but she did not have good control of symptoms.*

Diagnosis/provisional diagnosis: \_\_\_\_\_  
 Present drug treatment and potential special hazards: \_\_\_\_\_  
 X-ray (women of childbearing age), Date of first day of L.M.P.: \_\_\_\_\_  
 Relevant X-rays available from: \_\_\_\_\_ No. (if known): \_\_\_\_\_  
**She wishes to try Homeopathic treatment and would appreciate an appointment...**

Signature \_\_\_\_\_  
 Date \_\_\_\_\_

# FIRST CONSULTATION

Name:/ Age:

Read through the entire first consultation on this page and the next, using the transcribed notes. Consider the treatment, before reading the reviews. View the third review on video and analyse for a better remedy.

Complaint:

History of Present Illness:



First consultation not available on video. Please study the case records carefully before proceeding.

Personal:

Menstrual History:

Family History:

Examination:

# FIRST CONSULTATION

rees 0555 B-7191  
 KNUICKILL  
 WARKSHIRE

Name MISS HEATHER B D.O.B. 2-2- Sex F Occ. 14-10 Date

Address

Complaint

History of Present Illness

Ab. in. d. 1/1 +  
 triggers  
 < sinus starting  
 m.p.  
 They came late  
 1/1 ago.

Diagnoses for 1/1 +  
 when 10-11 had bad headaches.  
 On various med.  
 Sumsion 1/2 Indent LA  
 attempting school. Pressure due to  
 having to catch up with work at home.  
 Sumsion helped for only a short time  
 -> weight gain. Consultant: 1/2 indent  
 and Sumsion.

Previous Illnesses :-

operations. No other serious illness.

Personal :-

M: -> CIA  
 F: -> CIA

Menstrual History :-  
 Daughter biting nails -

Family History :-  
 M: suffers migraine

Examination :-

Examination

GF: hypertension  
 CHD + asthma  
 DF: died at 40  
 Cox: bowel clm. +  
 other.

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# FIRST CONSULTATION

Child's name: Day person.

## HOMOEOPATHIC SYMPTOMS

### Generals

Heat: - overheats quickly. Cold: - catches easily. Sweat: -

Time: dislikes morning. ? gen < pm. Weather

### Stomach

Appetite: - Disordered allergic to fish  
Thirst: - cheese -> indigestion

### Aversions: -

Desires: - crisps, salt + vinegar, choc.

Sleep: - OK

### Particulars

Head: - lies down in a dark room  
ears a little

Eye: - occasionally winks  
esp in vibration

Ear: -

Nose: - catarrh

Throat: - Dislikes loud noise

### Face

### Mouth

### Respiratory

### MENTALS :-

Mum's: - tense, guarded  
helps + arms tightly folded. Some planning. Quite neat but fairly quick.

"fairly outgoing" | Dis, secure + maths. | Quite varied interest.

Not shy but v quiet | Usually says what  
delivers. Very personal  
things are retained.

likes company rather  
than a her own.

3rd 2nd 1st  
(1) (2) (3)

# FIRST CONSULTATION

## HOMOEOPATHIC SYMPTOMS

### GENERALS

Heat: Cold: Perspiration:

Time: Weather:

### STOMACH

Appetite: Disordered:

Aversions: Thirst:

Desires:

### SLEEP

### PARTICULARS

Head: Stomach

Eye: Abdomen

Ear: Bowel

Nose: Genito-urinary

Throat: Back

Respiratory: Extremities

Skin:

### MIND

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## FIRST REVIEW

B. 7191  
No.

HEATHER B 2-2  
Address: 11 MCKIRDY COURT BLACKWOOD

2/12

Took powders: - One migraine a couple of days after  
powders. Another a few days later. Not so severe.  
Still using 1/2 Inderal.  
Generally feeling OK until current URTI.  
No current treatment.  
Sore throat on Sunday - off school yesterday + today  
No skin problems.  
Migraines are the same as their character.  
Sneezing a lot in the URTI.  
Sleeping OK.

## SECOND REVIEW

23/12

Migraine on 1st day of exams, but free for the  
rest of the examination period.  
Says she feels sic as herself.  
Overall frequency of migraines gradually improving  
Severity of migraines gradually improving.

2/12  
1/2  
(1/10)

## FIRST REVIEW



[https://youtu.be/\\_3fYTwMVdCs](https://youtu.be/_3fYTwMVdCs)

## SECOND REVIEW



<https://youtu.be/HPsojiYML6s>

08 Nov  
Took powders - One migraine a couple of days  
afterwards. Another episode a few days after - not so  
severe.  
Still using 1/2 Inderal  
Generally feeling OK up until current URTI came  
along.  
No current treatment  
Sore throat on Sunday last. Off school yesterday and  
today.  
No skin problems.  
Migraines are overall the same in their character.  
Sneezing a lot with current cold.  
Sleeping OK.

23 Dec

Migraine on the first day of exams but free for the  
rest of the examination period. Says she feels OK in  
herself.  
Overall frequency of migraines gradually  
improving.  
Severity of migraines also gradually improving.

# THIRD REVIEW

Now that you have looked at the case record for the first three consultations, view the third review, select the symptoms and features for repertorisation, analyse and prescribe.



<https://youtu.be/ekWequI0x5E>

Sick + dizzy. Has to take some time off classes. Always catching up a work at home.

Migraines are quite bad. Flushing less common. Some stomach + quite sick. Sometimes vomiting + migraine + sick = am. Quite dizzy.

Memories - no part No < d headaches. Food + Eating 11. Cheese is indigestible.

Stopped class - but doesn't sell + vinegar cramps. Gets cold occasionally at night. Overcast a bit at school. Quite a few friends.

Mood "OK" friendly, can get quite angry with people. tries not to express anger.

Worry - can help. Sensitive bright light. Sleeping - always thinking about things.

Things. Often runs over things again + again. Tends to have regrets. Would like to be more outgoing.

30/20  
2

Handwritten notes with arrows pointing to a diagram of a face. The notes include: "Handwritten", "flushing", "to use".

ACTIVITY 27.1		
Symptom Category	Observation	Corresponding Rubric

# Thematic Analysis Recording Sheet

NAME

	ORIENTATION / STANDPOINTS	TENSIONS / FLASHPOINTS	EXPRESSION / COMPENSATION
<b>1. Self</b>	MEANING - PURPOSIVE	WORK - LIFE	
	MEANING - RELATIONAL	LOVE - SEX	
	RESOURCES (including money)		
<b>2. Others</b>	FAMILY	ALLIANCE - CONFLICT	
	SOCIETY	ROLE(S) vs SYSTEM(S)	
		SOCIETAL / POLITICAL AFFINITIES	



# Remedy Relationships Plotter (Mineral Archetype)

CLINICAL RELATIONS CATION 4	PLANTS			SAME COLUMN Lower	NATURAL RELATIONS	SAME COLUMN Lower			PLANTS	CLINICAL RELATIONS ANION	
PLANTS	3								3	PLANTS	
		2						2			
			1				1				
SAME ROW Lower				CATION	ARCHETYPE					SAME ROW Higher	
NATURAL RELATIONS										NATURAL RELATIONS	
SAME ROW Lower							ANION				SAME ROW Higher
			1					1			
		2						2			
NOSODE	3								3	NOSODE	
CLINICAL RELATIONS CATION	ANIMAL			SAME COLUMN Higher	NATURAL RELATIONS	SAME COLUMN Higher			ANIMAL	CLINICAL RELATIONS ANION	

## FOURTH REVIEW



<https://youtu.be/heZV78vfF2M>

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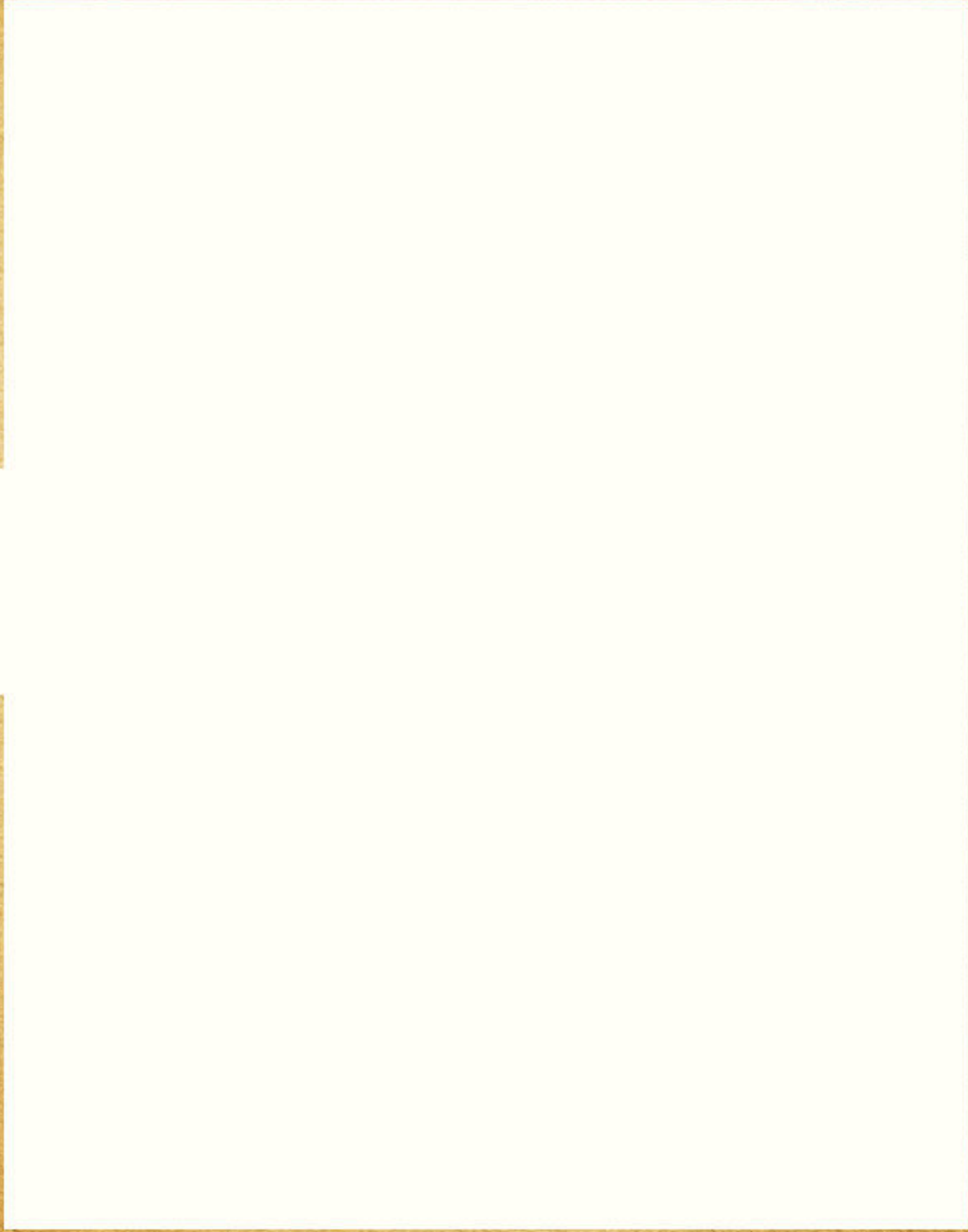
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