

Centre for Integrative Medical Training  
In Association with London Integrated Medical Health Education



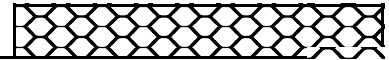
# Pre-membership Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

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Unit 59

Case Study 4.3 - Samuel M.



### Case 4.3 Samuel M. Boy Aged 1 at first consultation

Developmental delay, Non-progressive ataxia.  
Mild facial dysmorphia. Small head. Strabismus.  
Born with meconium asphyxia (?)  
Was on oxygen in SCBU for 18 days. There were signs of respiratory distress the first two times that Oxygen was reduced.  
Low sodium while in SCBU  
Poor feeder in first few months.  
Pregnancy had been OK  
Immunisations include: DPT and polio

At age 1 physical development 11/12, motor skills 7/12

Itchy rash - scratching  
Onset when started on formula milk at 6 -8 weeks.  
< after coming out of the bath.  
Blotchy red rash on legs. Skin is quite dry  
Chest and back are clear.  
Treated with bathoils and emollients.  
Intolerant of egg white (?)

#### **FH:**

Coeliac disease in Mother's family  
Older brother - well  
Maternal uncle had sever eczema

#### **O/e**

Dysmorphic but smiling and visually communicative child.  
Actively trying to touch things.  
Dark hair. Narrow jaw.  
Not sitting or rolling  
Rather mottled purple colour in the skin of hands and feet.

#### **Treatment:**

*Staphylococcin*  
*Antimonium crudum*, low then high potency.

#### **Review/Outcome:**

Started crawling within two weeks. 'Has come on a treat'  
Skin cleared beautifully. Colour of hands and feet much better.  
One more repetition of *Antimonium crudum* 12/2 30/1



**Review aged 27 months.**

Behavioural problems.  
Hitting mother. Throwing things and hitting brother.  
Climbs and pulls at things.  
Recent developmental assessments: 12-18 months stage.  
'Cognitive delay' Speech delay.  
Balance remains poor. Fell and injured face recently.  
Plenty energy: plays with cars and books with pictures.  
Skin a bit dry in patches.

**Treatment:** *Nux vomica* 12/3

**24/06/02 Telephone call:**

Good response to *Nux-v*. Attention span improved.  
Behaviour improved. Able to concentrate on one toy for a while.  
Some improved understanding.  
Will perform simple tasks on request.

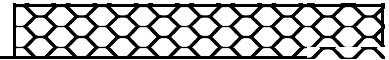
**Review 11/07/02**

Recent ear infection- treated with antibiotics. (Amoxycillin)  
Gets high temperatures with infections - treated with Ibuprofen.  
Was drinking lots of water.  
Was flushed and red and lethargic during fever.

Attention span has deteriorated sharply. Hitting mother.  
Not listening. More difficult than he was before.  
Has reverted back into a world of his own.  
No catarrh or fevers now. Skin clear.  
Cough. Slight irritating cough.  
Glands not enlarged. Slightly runny nose.

**Treatment:** *Nux vomica* 12/2 30/1 - with good response again.

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### **Review Aged 4 and 10 months.**

Got an influenza virus 2 months ago and hasn't been the same since.

(Treated with *Neurofen* and decongestant)

Had been hyperactive, prone to accidents and out of control.

Running and bouncing off walls. Was pinching and kicking other children and pulling their hair.

They were concerned for his safety.

Paediatricians have commenced Ritalin.

Less stressful to look after since starting medication.

Wants to play but speech delay and delayed language causes problems and frustration.

Other children keep back because Sam is 'in your face'.

Bowel constipated and hard.

Some soiling, difficulty completing potty training.

Mother tries to keep him regular using diet.

Still very inconsistent behaviour. Good one day then terrible the next. A good weekend then a bad one.

Behaviour seems to alternate with his bowel status. Every two or three days things alternate. States of high emotion.

### **O/e**

Incongruous hand gestures.

Puts hands under chin when admonished.

Restless.

Poor attention.

### ***Treatment:***

### **Review:**

Short term improvement with both remedies. Looks like blocked case. Suggest dietary improvements and probiotic.

### **Review:**

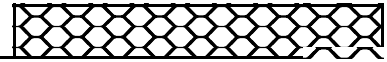
Behaviour much better.

Within a week of the dietary improvements and probiotic, his behaviour was better and he was potty trained.

Mother has cut out refined wheat products and milk.

Using mainly macrobiotic and organic foodstuffs.

White spots on his tongue for a short time.



His speech, movement and listening are better when his stools are healthy. When constipated, his behaviour deteriorates. Stools get hard and dark, 'like maltesers' 2-3 times a day. Mother says his behaviour is almost autistic when he gets really constipated.

Vocalising - recognisable words today at the clinic.

***Treatment:***

**Review:**

Doing fantastically well.  
Off Ritalin on a trial basis.  
Has been OK every day.  
Speech coming on well.  
A lot more inquisitive.  
Behaviour less variable.  
Happy and smiling.  
Told not to wake others in the morning and took instructions.  
Social interest improved and other children asked him to play.  
Responded with humour and communication.

**Some Months Later:**

Deteriorated after prescription of *Sanicula aq.*  
But responded beautifully to the same bowel nosode again.