



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**




Study Case No 5.

Name: Anne C.

CONFIDENTIAL

Pre-membership Course in Medical Homeopathy

Clinical Case Study

Case Ref:			For Study in Week:	
Patient:			Age:	
Domain:			<p>Please respect patient confidentiality. Case studies are provided for personal study within this course only.</p>	
Therapeutic Area / Presentation:	1.			
	2.			
	3.			
Life stage:				
Homeopathic Category:				
Notes / Learner Instructions				
				

FIRST CONSULTATION

Name: / Age:

You can annotate this recording sheet while you view the video case. You may find it more convenient, however, to download and print the recording sheet from supplemental materials and patch in the history by hand.
Complaint:



History of Present Illness:



<https://youtu.be/UoA42fFd4lc>

Use the link above to access the Consultation Video. Size the video player window on your computer desktop so that you can simultaneously make entries into this case recording sheet.

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

HOMEOPATHIC SYMPTOMS

GENERALS

Heat: Cold: Perspiration:
Time: Weather:

STOMACH

Appetite: Disordered:
Aversions: Thirst:
Desires:

SLEEP

PARTICULARS

Head Stomach
Eye Abdomen
Ear Bowel
Nose Genito-urinary
Throat Back
Respiratory Extremities
Skin

MIND

FIRST CONSULTATION

Continuation sheet

Patient name / id

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Continuation sheet

Patient name / id.

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FIRST CONSULTATION

NAME: MRS ANNE C
 Age: 36 Sex: F Marital Status: M Date: 1/2
 ADDRESS: 8 T WIND. 1 WIND. 19-9-4-
 BETHWELL 571 Occupation: Chartered Acc. Home:

COMPLAINT:

HISTORY OF PRESENT ILLNESS:
 New - less in knees.
 Comes for days at a time
 "like rheumatoid"

← damp. ++. Dry snap weather →
 (was OK while skiing)

Twinges in (L) elbow.
 Variable weight on both shoulders.
 Full range of movements.
 Doing some step aerobics 11.
 local warmth → bath →
 Rest →. Knee support
 ? heat / pressure →.

No neck support. ≠ Shoulders < 1st thing in am.
 fairly firm mattress.

FIRST CONSULTATION

PREVIOUS ILLNESS: Hx of disc problem. → bladder rock pain and heat.
 Now →.
 Endometriosis following manipulation
 Was placed on hormone Rx:

MENSTRUAL HISTORY: - M.P. regular :- some breast swelling since hormones.
 Uses OEP. Zn + Mg supp.

FAMILY HISTORY:-
 H' well :- chartered accountant.
 3 boys : well | parents alive + well.
 grandparents ?

SOCIAL & PERSONAL:
 bright & bubbly.
 Guarded and reticent with info on personality
 Hardworking High standards for self
 Fairly square face - small chin.
 Avoids gaze - b.t. Slightly coy.

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FIRST CONSULTATION

HOMOEOPATHIC SYMPTOMS	
GENERALIS	
TIME :- ^{stiffness} general fatigue from 10pm.	
COLD ^{chilly}	HEAT ^{Can get overheated}
SLEEP: ^{has to wrap up.}	DREAMS POSITION
- of wakened ^{difficultly} getting back to sleep sleep + rest >	
STOMACH	
Aversions: - ^{hates raw fruit. (too much trouble)}	
Desires: - ^{early / highly seasoned salt, loves fruit salad choc + milk.}	
Thirst: - ^{too much coffee}	
PARTICULARS	
Vertigo	Urinary :- ^{° J. 3ch ° GU problems.}
Head ^{ouch reads to tension}	Genitalia :- ^{No second probs.}
Eye	Larynx
E.N.T.	Respiration
Face	Cough ^{cant relax in own}
Mouth ^{Nerves very sensitive}	Sputum ^{None: on Sunday}
Teeth ^{look good - (ox.)}	Chest ^{+ on duty}
Tongue	Back ^{in anticipation}
Stomach ^{tendency to be loose.}	Extremities
Abdomen ^{quiescent + activity}	Perspiration ^{Not much persp}
Rectum	Skin ^{even & scalded.}
Stool	^{No easy bruising}
MENTALS	^{Very sensitive to admin.}
^{Perfectionist}	^{Gravitate <}
^{Optimist}	^{forward looking +}
^{Not down for long}	^{Confidence poor}
^{tries to be negative - tries to be positive.}	^{but confident facade}
^{Psychology - not restless.}	^{Not generally weepy.}
^{Generally anticipatory.}	^{Allegation 2/52 <}
^{Seems she speaks feelings.}	^{some show symptoms also <}
^{Has a temper: PMT, says}	^{brought up 2/52 early}
^{Don't control}	^{Out of proportion reaction}
^{Quite dominant in her own home.}	^{acid}
	^{emipated with hormone period.}
	^{? diabolical.}

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FIRST CONSULTATION

P.M.T. at present. Depression. > flow.
 Cant shake it off for 2-3/7. weepy
 Tenderness more + more marked.
 Ever since hormone treatment = getting worse
 Now lasts 8/7 instead of 2-3.

Rx	No.	PATIENT REF.	REMEDY REF.
REMEDY:		POTENCY	FREQ.
		12/30/200	STAT 3
<input checked="" type="checkbox"/> G	Tb.	Exaq	Jng
		LM	Gutt
RESPONSE GRADE			SR

8/4/94
 Some fluid returned recently. 10/7 before
 m.p. tender + sore. Thinks a lot but doesn't
 do much pain & breasts get her down.

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REVIEW

Continuation sheet

Patient Name / id.:

Time since first seen:



<https://youtu.be/5apzFQitOcQ>

REVIEW

1/8/17 Off coffee. ^{bright orange} ^{degenerally} 1/32-10/17 shortly after seen
'Great' = discharge, then M.P. lasted 10/17
then fine. No and cycle bleed. Bowel no-
fantastic. No fluid retention + no depression

Had a few hot flashes. They have worn off.
Back has seriously "gone". Used to get this
one week out of four. Used to be hormone related.
Came to see walker Noddell. ? (L) (R).
Used to extend over buttocks.
Had a bad cold = caught from sons.
No Rx

REVIEW

3/21: Had midcycle bleeding ↓ to alternate cycles
has been a bit down last smear in Dec
dear. known cervical polyp in the past.

Weather brings her down

Other ailments :- Chills & bladder → Urush → ^{Canadian.} ^{Canadian.}

Then became breathless on ascending stairs →

antibiotics → vertigo (→) Settled - now

power in car sets her off and bad in the morning.

Sometimes outside allergy. No real cough.

:- 30/12 200/11 -

REVIEW

1/8: Off coffee. ^{bright orange} ^{regularly 1/32-10/7} shortly after men-
'Great' discharge, then m.p. lasted 10/7
then fine. No mid cycle bleed. Bowel no-
fantastic: No fluid retention + no depression

Had a few hot flashes. They have worn off.
Back has seriously "gone". Used to get this
one week out of four. Used to be hormone related
Came to see Walter Maddell. ? (L) (R)
Used to extend over buttocks.
Had a bad cold = caught from son.

No Rx

Repertorisation

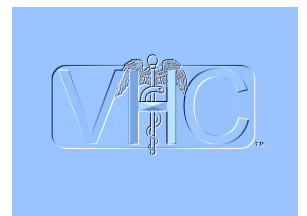
The original clinic repertorisation is provided on the following page.

Please do not refer to this prior to the discussion tutorial in Week 4.

Repertory Links

<http://www.homeoint.org/hidb/kent/index.htm>

https://play.google.com/store/apps/details?id=softsolutions.repertory_en&hl=en_GB&gl=US



Surname : Carss Home Tel. :
 Forenames : Anne Occupation : Work Tel. :
 Birthdate : 19/9/56 Sex : Female Married : Yes Children : 3
 Address : 8 Turnberry Wynd Bothwell G71 8EE

Rubrics Repertorised :

A *Mind : SADNESS, mental depression; menses before:
 B Generalities : WET weather:
 C Chest : PAIN: MAMMAE: menses suppressed, during:
 D Chest : PAIN: MAMMAE: menses before:
 E Generalities : EVENING: 9pm:
 F Generalities : NIGHT: 10pm:
 G *Mind : ANXIETY: anticipating an engagement:
 H *Stomach : DESIRES coffee:
 I Mind : RESERVED:
 J *Mind : CONTRADICT disposition to:
 K *Mind : ANGER irascibility:(See Irritability and Quarrelsome); ailments after anger, vexation etc:

Indicated Remedies :

ABCDEF	GHIJKL	MNOPQR	ABCDEF	GHIJKL	MNOPQR	ABCDEF	GHIJKL	MNOPQR										
Lyc	22	---	2	122	-----	6/11	Nux-v	-1-1	---	1113	-----	6/ 8	Calc	23-3	---	2-1	-----	5/11
Puls	33	---	1	-2-2	-----	5/11	Ars	-3	---	221-2	-----	5/10	Nat-m	3	---	311-2	-----	5/10
Arg-n	-2	---	311-1	-----	5/ 8	Aur	-1	---	2122	-----	5/ 8	Cham	-1	---	1-11-3	-----	5/ 7	
Lach	-2	---	1112	-----	5/ 7	Bry	-1	---	3-2-2	-----	4/ 8	Con	21-3	---	2	-----	4/ 8	
Stann	31	---	2-1	-----	4/ 7	Caust	2	---	121	-----	4/ 6	Nit-ac	22	---	11	-----	4/ 6	
Verat	12	---	1-1	-----	4/ 6	Bell	11	---	1-2	-----	4/ 5	Chin	-1	---	21-1	-----	4/ 5	
Ferr	22	---	11	-----	4/ 5	Ph-ac	---	---	111-2	-----	4/ 5	Phos	11	---	1-2	-----	4/ 5	
Sulph	-2	---	1-1-1	-----	4/ 5	Carb-v	-2	---	22	-----	3/ 6	Ign	---	---	213	-----	3/ 6	
Nux-m	-3	---	2-1	-----	3/ 6	Am-c	13	---	1	-----	3/ 5	Calc-p	-2	---	1-2	-----	3/ 5	
Ip	-1	---	1-3	-----	3/ 5	Sep	22	---	1	-----	3/ 5	Sil	-2	---	2-1	-----	3/ 5	
Alum	---	---	21-1	-----	3/ 4	Hyos	---	---	211	-----	3/ 4	Mez	-1	---	2-1	-----	3/ 4	
Mur-ac	-1	---	1-2	-----	3/ 4	Nat-c	-2	---	11	-----	3/ 4	Zinc	-21	---	1	-----	3/ 4	
Hag-c	-1	---	1-1	-----	3/ 3	Petr	-1	---	1-1	-----	3/ 3	Hep	-2	---	3	-----	2/ 5	
Plat	---	---	2-3	-----	2/ 5	Anac	---	---	31	-----	2/ 4	Ant-t	-2	---	2	-----	2/ 4	
Coloc	---	---	1-3	-----	2/ 4	Hang	-2	---	2	-----	2/ 4	Nat-s	-3	---	1	-----	2/ 4	
Op	---	---	1-3	-----	2/ 4	Ran-b	-2	---	2	-----	2/ 4	Rhus-t	-3	---	1	-----	2/ 4	
Staph	-1	---	1-3	-----	2/ 4	Thuj	-2	---	2	-----	2/ 4	Calc-s	-2	---	1	-----	2/ 3	
Canth	-1	---	2	-----	2/ 3	Caps	---	---	21	-----	2/ 3	Carb-an	-2	---	1	-----	2/ 3	
at	-2	---	1	-----	2/ 3	Colch	-2	---	1	-----	2/ 3	Gels	---	---	1-2	-----	2/ 3	
Hell	1	---	2	-----	2/ 3	Lac-c	1	---	2	-----	2/ 3	Herc	-2	---	1	-----	2/ 3	
Oind	---	---	12	-----	2/ 3	Ruta	-2	---	1	-----	2/ 3	Sel	---	---	2-1	-----	2/ 3	
Xan	1	---	2	-----	2/ 3	Agar	-1	---	1	-----	2/ 2	Arg-m	-1	---	1	-----	2/ 2	
Arn	---	---	11	-----	2/ 2	Brom	11	---	1	-----	2/ 2	Clea	-1	---	1	-----	2/ 2	
Cupr	-1	---	1	-----	2/ 2	Cycl	1	---	1	-----	2/ 2	Ferr-p	1	---	1	-----	2/ 2	
Grat	---	---	11	-----	2/ 2	Kali-c	-1	---	1	-----	2/ 2	Manc	1	---	1	-----	2/ 2	
Sabin	---	---	11	-----	2/ 2	Sang	-1	---	1	-----	2/ 2	Spong	---	---	1	-----	2/ 2	
Straa	1	---	1	-----	2/ 2	Acon	---	---	3	-----	1/ 3	Ang	---	---	3	-----	1/ 3	
Bad	-3	---	1	-----	1/ 3	Cocc	---	---	3	-----	1/ 3	Dulc	-3	---	1	-----	1/ 3	
Nat-h	-3	---	1	-----	1/ 3	Rhod	-3	---	1	-----	1/ 3	Apis	---	---	2	-----	1/ 2	
Aran	-2	---	1	-----	1/ 2	Ars-i	-2	---	1	-----	1/ 2	Aur-m	---	---	2	-----	1/ 2	
Coff	---	---	2	-----	1/ 2	Haa	-2	---	1	-----	1/ 2	Iod	-2	---	1	-----	1/ 2	
Kali-i	-2	---	1	-----	1/ 2	Kali-p	---	---	2	-----	1/ 2	Lem-m	-2	---	1	-----	1/ 2	
Lyss	---	---	2	-----	1/ 2	Hag-p	-2	---	1	-----	1/ 2	Murx	2	---	1	-----	1/ 2	
Naja	-2	---	1	-----	1/ 2	Nat-a	-2	---	1	-----	1/ 2	Phyt	-2	---	1	-----	1/ 2	
Stront	-2	---	1	-----	1/ 2	Tarent	---	---	2	-----	1/ 2	Tub	-2	---	1	-----	1/ 2	
Aeth	---	---	1	-----	1/ 1	Ant-c	-1	---	1	-----	1/ 1	Aster	---	---	1	-----	1/ 1	
Bar-c	-1	---	1	-----	1/ 1	Bar-m	-1	---	1	-----	1/ 1	Berb	1	---	1	-----	1/ 1	
Bism	---	---	1	-----	1/ 1	Bor	-1	---	1	-----	1/ 1	Bov	-1	---	1	-----	1/ 1	
Cadm	---	---	1	-----	1/ 1	Caaph	---	---	1	-----	1/ 1	Chel	---	---	1	-----	1/ 1	
Ciamic	---	---	1	-----	1/ 1	Croc	---	---	1	-----	1/ 1	Dros	---	---	1	-----	1/ 1	
Elaps	-1	---	1	-----	1/ 1	Euph	---	---	1	-----	1/ 1	Euphr	---	---	1	-----	1/ 1	
Gran	---	---	1	-----	1/ 1	Hvner	-1	---	1	-----	1/ 1	Indq	---	---	1	-----	1/ 1	