



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**



Study Case No 9.

Name: Kathryn R.

CONFIDENTIAL

Pre-membership Course in Medical Homeopathy

Clinical Case Study

Case Ref:			For Study in Week:	
Patient:			Age:	
Domain:			<p>Please respect patient confidentiality. Case studies are provided for personal study within this course only.</p>	
Therapeutic Area / Presentation:	1.			
	2.			
	3.			
Life stage:				
Homeopathic Category:				
Notes / Learner Instructions				
				

PATIENT QUESTIONNAIRE

For those attending Dr Russell Malcolm's Homoeopathic clinic for the first time:

Please complete this questionnaire as fully as possible. Providing this information leaves more time during the interview for a detailed discussion of your problems.

YOUR DETAILS:

Name:

Mr/Mrs/Miss * MS. KATHRYN R

Address:

CHARG

7 AVE

BEARSDEN

GLASGOW Postcode: G61

Telephone no: 041 942

Your Date of Birth:

14 FEB

Your General Practitioner's Name & Address:

Dr. PRACTICE OF MRS. MARGREW, PRENTICE, CHAPMAN ETC

MILNGAVIE RD (OPP ASJA), BEARSDEN

If the patient is a child: Name of Parent / Guardian:

CURRENT MEDICATION:

Please list the names of all the medicines you are taking at present, including any creams and ointments that you use.

1. ERYTHROS PER A 500 mg
2. DIANETTE
3. (= cyclosterone acetate / ethinylloestradiol)
4.
5.
6.
7.
8.
9.
10.

Have you ever experienced side effects from any of the drugs you have listed: Y N *

Are you allergic to Penicillin ? Y N *

Are you allergic to any other drugs? Please list them below.

- A.
- B.
- C.
- D.

HAVE YOU TAKEN ANY HOMOEOPATHIC MEDICINES IN THE LAST SIX MONTHS ? Y N

If so, please list them, stating the potency; when and for how long used

A. NETOXIFYING HERBAL SOLUTION (1 tsp 3x daily)
B. AROMATIC REBALANCING SP2 (fissile salts etc) (10 drops 3x daily)

General Information:

How tall are you ? 5'8 1/2

Do you know how much you weigh ?

9 Stones 9 lbs. Kilos

Do you drink coffee ? Y N *

1 cups per day.

Do you smoke ? Y N *

..... per day

Do you drink alcohol: Y N *

0-7 units per week (VERY VARIABLE)

Are you right handed or left handed ? Right Left *

Your Provident Society Number (if applicable)

*BUPA:

*PPP:

*Other:

*Delete where applicable.

If you would prefer to leave this column blank, these details can be covered in the course of your consultation with Dr. Malcolm.

Your Family History:

Marital status:

Single / Married / Widowed / Divorced / Separated*

Have you had children ? Y / N *

Boy / Girl* Age:.....

Boy / Girl* Age:.....

Boy / Girl* Age:.....

Boy / Girl* Age:.....

Boy / Girl* Age:.....

Boy / Girl* Age:.....

Boy / Girl* Age:.....

Family health:

Is there any family history of asthma ? Y / N*

details:.....

Is there any family history of eczema ? Y / N*

details:.....

Has anyone in your family, or in your parents' families, had Tuberculosis ? Y / N*

details:.....

Occupation:

What is your job ?

FORMER STUDENT, FUTURE SOLICITOR

How long have you been doing this work ?

5 YRS (FINISHED JUNE 1994)

Have you ever worked abroad ? Y / N*

Where AUSTRALIA; FRANCE

How long ? 5 YRS 4 MONTHS TOTAL

With a patient's consent, consultations are sometimes recorded for the purpose of research, or for use in the post-graduate teaching of medical doctors who are studying homoeopathy.

DECLARATION

I KATRINA ... consent to audio-visual recording of my interview, for the purpose of a) further study of my case for therapeutic purposes*/ b) research into homoeopathic treatments for my condition* / c) the teaching of postgraduate doctors in homoeopathic medicine (delete as required).

I understand that information is treated confidentially, and used solely and expressly for the purposes outlined above.

Signed

Date: 23.xii

For office use only:

FH.

SH.

FIRST CONSULTATION

Name: Age:

You can annotate this recording sheet while you view the video case. You may find it more convenient, however, to download and print the recording sheet from supplemental materials and patch in the history by hand.
Complaint:



History of Present Illness:



<https://youtu.be/1UwDvPJ794k>

Use the link above to access the Consultation Video. Size the video player window on your computer desktop so that you can simultaneously make entries into this case recording sheet.

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

HOMEOPATHIC SYMPTOMS

GENERALS

Heat: Cold: Perspiration:
Time: Weather:

STOMACH

Appetite: Disordered:
Aversions: Thirst:
Desires:

SLEEP

PARTICULARS

Head Stomach
Eye Abdomen
Ear Bowel
Nose Genito-urinary
Throat Back
Respiratory Extremities
Skin

MIND

FIRST CONSULTATION

Continuation sheet

Patient name / id

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FIRST CONSULTATION

Continuation sheet

Patient name / id.

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FIRST REVIEW

Continuation sheet

Patient Name / id.:

Time since first seen:



<https://youtu.be/qlZ1WYuLNVM>

SECOND REVIEW

Continuation sheet

Patient Name / id.:

Time Since Last Review

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FIRST CONSULTATION

CATHERINE R.

23/12/11

Amnesia :- Since June
 Was leaving UK :-

Used to have a light to moderate 4-5/7 m.p.
 Used to miss a month from time to time.
 finished a course. exams May-June.

Came home 21/10
 → some upheaval.
 Went to see dermatopath
 in Australia :-
 tissue salts etc.

Skin has been horrible since 18/1,
 1st oral antibiotics in 1992 previously
 topical agents :-
 Stopped a/b on arrival in Australia.
 Skin didn't change.

U/S + haematology : NAD
 Multiple follicles = (C) ovary,
 TFTs + endocrine tests NAD.
 Antibodies OK.

Had riding accidents - bruising
 Prolactin levels \bar{H}

Are flared up when she went to Japan.

FIRST CONSULTATION

lumps, sores, cysts. Acne. chin & cheeks. → open a little painful.

Some sores submandibular gland ↑ white in Japan.

→ Missin in Australia.

C.P. here started Dravette :- 1/2 after submandibular gland.

Changed to Erythroped. → Started 2/52 ago.

Variable mood.

Since m.p. stopped. Breasts not so lumpy.

T° :- not dilly. Not overheating : Quite a lot of persp^c
 with exhor.
 Not funny.

(T) :- → Reactive 5.30pm. (every)
 ← normally bedtime → 3.30 pm)

Tallentire : long throat. Family lucid.

? breast
 M G.M. :- C/A 1977.
 GF - alive.
 F G.M. - alive.
 GF. MS. 18.

M
 F
 brother :- family separated 2-3/7 after she went to Australia

Intert family difficulties came to a head

Underlying stress. Harit had good relationship in
 father : no proper communication.

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FIRST CONSULTATION

Polites bright sunlight.

Headaches.

ENT: - - -

More sensitive to light wears contact lenses.

No mouth ulcers etc.

No cough / wheeze etc.

Appetite: -

D: - disc fruit, fish

A: - salt

T: - water

Stim < wind? cold day.

of C = D

Bands generally reg. variable after - bowel

GI problems -

Heart -

No sexual problems

All partner -

Two cats -

- a few cysts over shoulder.

No joint problem.

Skin: - probably a easy bruising

Positively. Sexually abused by a friend of the family: difficulty in sexual identity + relations.

More outgoing than introverted since.

Self sufficient. Denies herself masturbation due to promiscuity / others' guilt etc.

Situational point re others' guilt etc.

Some of humor. Disturbance. feels distant + depressive.

Liter depth.

Musical.

Law student: a bit legalistic.

Not always flexible.

A little black + white.

Talent: but not willing to compromise herself.

Quite perfectionistic but quite self critical.

Not a strong intuitive.

Some redness: - used to constant change.

Vacations abroad.

Desires to travel.

Has to be able to get out.

Upset by "two facedness"

Becomes angry by become sleek + cold.

Don't lose control.

28/1/14

Correspondence

7 Avenue
Beardsden
Glasgow G61
23 January

Dr. R.S. Graham
The Walkers Clinic
22 Sandyford Place
Glasgow G3

Dear Dr. Graham,

I apologise again for having run you at home during the Christmas period, but thank you for the advice!

As I said, I stopped taking the gimate, having finished the first pack on 29 December. I phoned you, having had no period, on 5 January and took the medicines which you had given me that same day, at 11.45, 3.45 and 7.45 respectively. At 1.30 pm that day a period started, which lasted until 13 January. It was a moderate flow for the first couple of days, and accompanied by a fairly continuous mild abdominal ache, again for the first couple of days. By the end of that week I felt much better - not a very positive comment, but certainly true!

With regard to my skin, it has also improved significantly - the texture seems to be more balanced and the spots, although still present, appear to be less red and inflamed. Some days they seem to be on the point of flaring up but that generally subsides to a more peaceful state in a period of up to 18 hrs or overnight. They are definitely not so painful as they were. I have had some quite prominent 'humpy spots' down either side of my neck - two 'humps' subsided more or less within a couple of days; the actual spots are taking longer to clear, and still exist.

My face was sore for a couple of days whilst I was in London - this I assume was more due to the pollution and change of air/water than anything else (I was in London from 12-17 January).

I hope this is helpful - I will contact the receptionist and try to arrange an appointment for February 10th, 13th or thereabouts. Should you wish to see me sooner I can be contacted on (0141) 942 4665, finding which a message can be left with my mother at work on (0141) 330 4994.

I look forward to seeing you again soon.

Yours sincerely,

FIRST REVIEW

10/2/

M.P. appeared immediately after remedy.

Spots were slightly worse

Feeling basically ok. now.

Some reactions

prior to M.P. Feeling overall better

Skin is better. A few active spots.

Using Vit supplements.

Skin is as good as it has
been in 7 years.

1st MP 29th Dec.

Quite long 7-8/7.

2nd MP 4th Jan.

4 days this time

Not catarrhal.

To : nose runs on exposure to cold.

No change in pattern of precipitation

Appetite \bar{E} :- occasionally craves doce & dainties

Skin reacts to airborne dirt also < cold / wind

Do nothing & wait meanwhile.

6/6/

30/2 200/1 to Flat 3A
28

H

London
N6

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