

Centre for Integrative Medical Training  
In Association with London Integrated Medical Health Education



# Pre-membership Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

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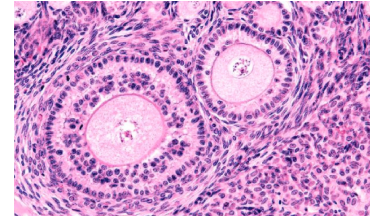
Unit 47

Materia Medica Studies for Week 3

## ***Folliculinum*** (ovarian follicle)

### Key Features

- disturbances of female hormonal cycle
- previous history of taking synthetic female hormones
- feeling of being controlled by another



There is no Hahnemannian proving of *Folliculinum*. The remedy picture is derived from clinical observations.



Dr Gabriela Rieberer discusses the clinical application of *Folliculinum*:

<https://youtu.be/yGo-2OymroQ>

### Mentals

feels as if controlled by another  
loses will  
becomes drained  
excitability

### Generals

symptoms from ovulation to menses  
menopausal complaints  
never well since taking female hormones  
history of mother taking female hormones before conception

### Modalities

< heat, noise, touch  
> fresh air

### Local Symptoms

fibroids  
prolonged heavy bleeding with clots  
hot flushes  
angina, palpitations especially when related to periods

*Folliculinum* is related to several other remedies:

*Sepia*, *Pulsatilla*, *Lachesis*, *Zincum*, *Aristolochia clem.*, *Natrum muriaticum*, *Carcinosin*.

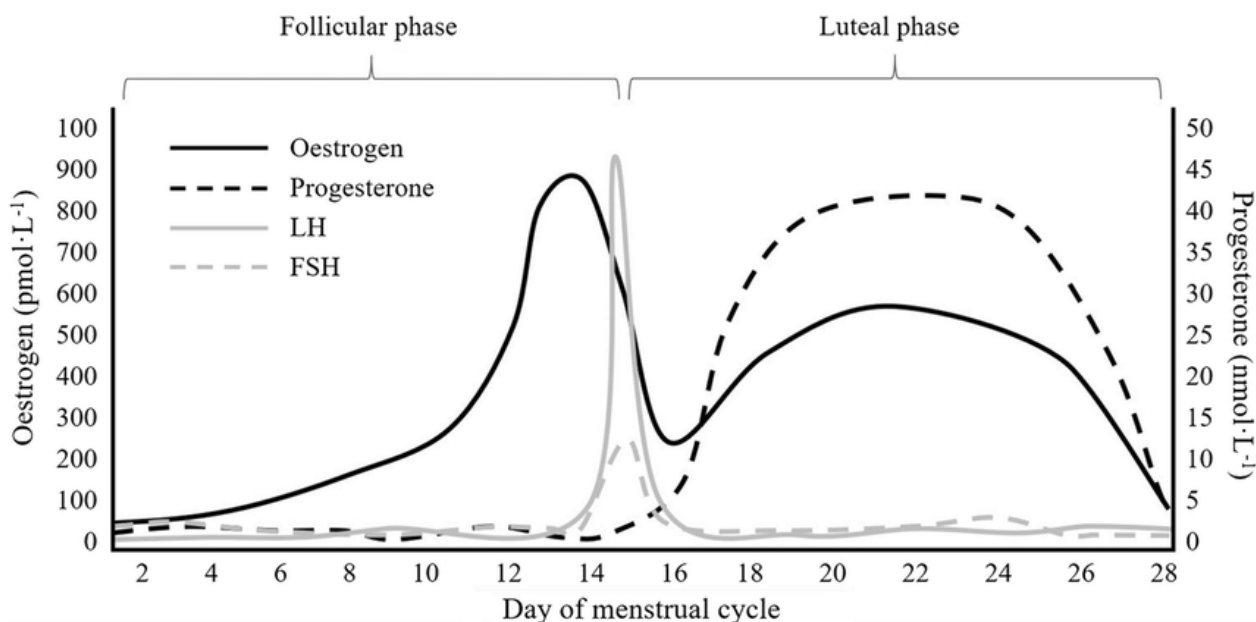
You will find more information about *Folliculinum* in an article written by Melissa Assilem: *Folliculinum Mist or Miasm?*

The Homoeopath  
Vol 11 No 1 1991;

### Other Sources

Julian: *Dictionary of Homoeopathic Materia Medica*;  
Vermeulen: *Synoptic Materia Medica II*.

## Potentised Hormones



Cyclical symptoms often arise as a result of threshold effects and unstable physiological phenomena in 'target organs' that are hormone receptive'.

Causes of instability include 'sensitising events' ie stressors that converge directly on critical moments of hormonal change, including the introduction of synthetic hormone treatments. A 'crash' menopause, following surgery or cancer treatment, can also leave tissues, organs and systems unduly sensitive to small alterations in endogenous hormone levels.

Patients typically suffer from alterations in mood, sleep patterns, thermostatic feedback, and energy. Headaches, fluid retention, weight gain, problems with skin and genital health, reduced libido and changes in self image are frequently reported.

Constitutional homeopathic treatment often improves emotional stability and can improve some of the wider systemic features. Tissue phenomena sometime persist, however, even after clear responses to constitutional treatment.

In these cases, homeopathic potencies of Oestrogen, Progesterone, LH and FSH can be used after constitutional treatment when symptoms are a) cyclical and b) coincide with the steepest parts of one of the hormone slopes (as shown in the figure above).

Folliculinum is often used when symptoms arise mid cycle. Progesterone is often used when tissue reactions (fluid retention etc) build up in the second part of the cycle.

Both Folliculinum, and any other potencies of the sex hormones, tend to be used singly and given in stat doses (often 200c). At least two complete cycles are required after the remedy to evaluate change.

## References

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