

Centre for Integrative Medical Training
In Association with the Centre for Integrative Care &
The Academic Department, Royal London Hospital for Integrated Medicine



Foundation Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

Materia Medica Studies: *Silica*

Part 4.6

Silicea (Silicon dioxide)

Recurrent infections, suppurations
Lack of self-confidence, lack of grit
Very chilly, very thirsty

Typology

Thin, weak persons lacking grit
Very chilly
Wounds suppurate easily.

Tissue Affinity

General nutrition and structural development
Connective tissue
Skin

Mentals

Quick-minded but shy
Great fear of failure with anticipatory anxiety, very fastidious to prevent this
Nervous, irritable, stubborn, fixed ideas
Delicate, refined

Generals

Very chilly
Sensitive to noise
Easy suppuration
Recurrent infections
Corrosive foot sweat

Averse to:

Milk, mother's milk

Aggravated by:

Cold, drafts, suppressed sweat, after vaccination, milk

Ameliorated by:

Warmth

Clinical Indications

Delayed ossification, teething disorders
Chronic or recurrent suppurative processes
Fistula
Anticipatory ailments



The Essence of Silica (Silicea)

Want of resilience, moral and physical
 Impaired resistance to infection
 No resistance to actions of others
 Faint hearted
 Immune system easily subverted, giving rise to chronic
 purulent infection
 Intention and action subverted by others
 Open to exploitation without resistance
 No grit
 Every injury festers
 Offensive discharges
 Cysts
 Coldness
 Glandular swelling
 Headache: better for wraps
 Chronic analogue of *Pulsatilla*



Activity:



Watch a lecture on Silica given by Dr Gabriela Rieberer.
<https://youtu.be/skNc3G4JRzQ>

Location of Silicon in the Periodic Table

1											13	14	15	16	17	18				
1	2											10	11	12	13	14	15	16	17	18
3	4											13	14	15	16	17	18			
11	12											13	14	15	16	17	18			
19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36			
37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54			
55	56	57-71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86			
87	88	89-103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118			
Lanthanide Series*		57	58	59	60	61	62	63	64	65	66	67	68	69	70	71				
Actinide Series**		89	90	91	92	93	94	95	96	97	98	99	100	101	102	103				

Activity:



Dr Rajan Sankaran discusses Silica in a differential discussion of a papercase and shows a comparative repertorisation, bringing out the key constitutional features of Silica.
 This case discussion can be viewed here:

<https://youtu.be/vPq1-rY1Ri4>

SAQ 4.6



Without looking at the text, how many of the keynotes of *Silica* can you remember?

Mind

General, environmental and constitutional features

Local

Frequent pathological indications

Now read *Silica* in your *materia medica*:

Page 879 Vermeulen

Page 1175 (Vol 3) Clarke

Page 590 Boericke (2nd British ed)

Page 833 Neatby and Stronham

Page 541 Phatak

Page 374 Jouanny

Page 242 Boyd