

Centre for Integrative Medical Training
In Association with London Integrated Medical Health Education



Pre-membership Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

Unit 54

Therapeutic Pointers for Week 10

Perinatal Care and Prescribing in Labour

Prolonged labour

Prescribing guideline - give 30c every 15 minutes for up to 7 doses:

CLINICAL SCENARIOS

Mother exhausted, weak contractions, foetal distress (if taken to section - baby may be born flat and in need of resuscitation).

SECALE 30 at the point distress is suspected (close monitoring essential)



Nuria Booth - Homeopathy in Labour
https://youtu.be/8adnr4_xLWE



Severe backache, weak /no contractions.

PULSATILLA 30

(Use Pulsatilla in the tragic cases of late unexplained intra-uterine death. In these cases when labour is induced, there is poor maternal motivation, there can be poor contractions, protracted labour with undue pain and backache)

Prolonged labour when pain stops due to emotional upset, face red hot and puffy

OPIUM 30

Mother delirious

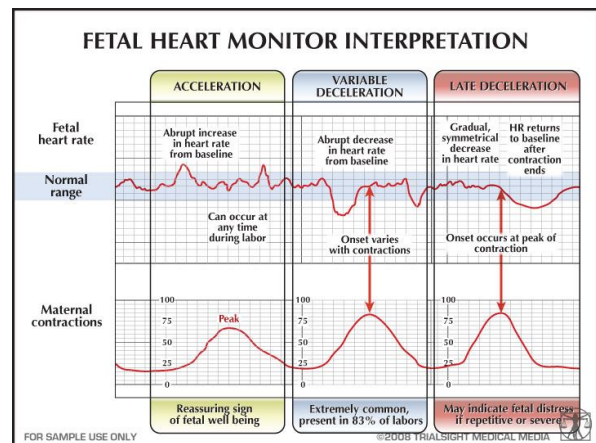
HYOSCYAMUS 30

After epidural

Every half hour up to 7 doses

ARNICA 30

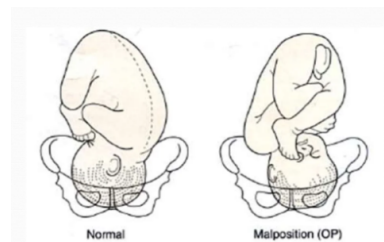
Then **HYPERICUM 6**, 4 hourly up to 5 days.



Malpresentation

Try **PULSATILLA 30** hourly up to 3 doses at an early stage. Seek appropriate obstetric advice if baby does not turn.

<https://www.slideshare.net/imanswati/occipito-posterior-positition>



Post Maturity

Constitutional treatment for mother

If there are frequent 'false pains' after 41 weeks give CAULOPHYLLUM 30c 12 hourly for 3 doses.

CAULOPHYLLUM 30c weekly from 36th week may help to prevent this.

Post Partum haemorrhage:

Treat as a potential emergency, exclude coagulopathy, cross-match for blood. Give remedies as indicated but do not delay preparation for other interventions. Monitor throughout.

Dose every 5 minutes up to 10 doses

SECALE 30 first (exclude twins!)

Continuing labour pains, blood dark and clotted

PULSATILLA

Profuse bleeding, backache like dysmenorrhoea, tingling in vagina,

body feels as if enlarging, strange sensation as if something alive in abdomen (re-examine patient and check records)

CROCUS

Exhaustion from blood loss in labour (check Hb and sats)

CHINA

Continuous bright bleeding +/- nausea, vomiting, feels cold and clumsy, gasps for breath (check Hb and sats)

IPECAC

Dark clots lost intermittently, worse from anger, cramping pain > doubling up / pulling knees up to abdomen

CHAMOMILLA

Bright red blood clots easily. Pulse hard and full.

Face burning hot

FERRUM

Slightest movement causes bleeding (recheck for internal tears)

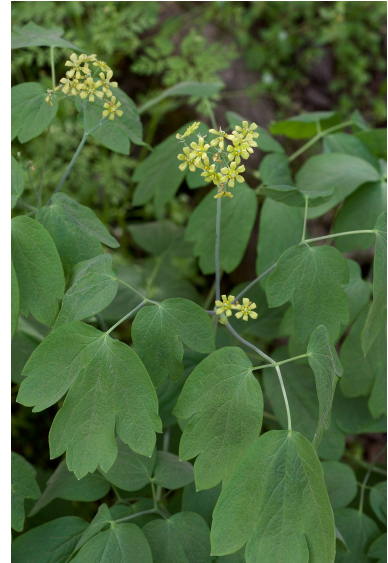
Blood and fluid dark clots and bright blood

SABINA

Profuse bleeding; intermittent after pains. Blood hot and bright.

Pressure in abdomen. (Exclude infection)

BELLADONNA



Caulophyllum thalictroides

Retained Placenta

Give every 5 minutes for up to 10 doses.

Intermittent bleeding, retention of urine. Lower abdomen tender.
hot red, mother fearful

PULSATILLA

Bearing down sensation, strong pains but muscles weak.
Woman averse to covering, craves fresh air

SECALE

Vagina dry and hot, profuse bleeding. Woman red in face moaning
distressed sensitive to jarring

BELLADONNA

Vulva and vagina very sensitive severe cramp-like pains constant
ooze of dark blood

PLATINUM

Post Natal Care

For injury to vagina and vulva:

ARNICA

BELLIS

Stretch injuries at orifices:

STAPH

After Pains

Sharp pains, general over-sensitivity, worse from loss of sleep

COFFEA

Associated with frequency of micturition or urge to open bowels

NUX VOMICA

Worse after coffee

CHAMOMILLA

With retained products

PULSATILLA

Over-sensitive and intolerant of pain, agitated

CIMICIFUGA



USS - Retained Placenta

Breast Feeding Problems

Use 30c up to 4 times a day, up to 3 days.

Sudden excessive milk production

ACONITE

Baby screams from downward motion

BORAX

Breasts hard and swollen, and for mastitis

BRYONIA

Poor quality milk. Mother overweight with cold sweats.

CALC. C.

Engorgement/excessive milk. Mother weepy and sensitive to cold

PULSATILLA

Thin baby vomits after feeds. Baby may have large head

SILICEA

Exhaustion after breast feeding

CHINA

Red streaks on breast, incipient mastitis

BELLADONNA

Sore/Cracked Nipples

Inflamed tender nipples

CHAMOMILLA

Pain and soreness worse from cold

ACONITE

Smarting and burning in cracked nipples

SULPHUR

Blisters on cracked nipples

GRAPHITES

Ulcerated nipples

SILICEA

Also

PULSATILLA

IGNATIA



Constipation

NUX VOMICA

BRYONIA

SEPIA

Abnormal Lochia

Scanty discharge, with distended abdomen

COLOCYNTH

Scanty discharge, delirium

BELLDONNA

Heavy discharge of blood

SECALE

excessive discharge after overexertion

ARNICA

Profuse milky discharge

PULSATILLA

As above but becoming bloody

CALC-C

Bearing down sensation, milky discharge streaked with pus, cold sweat

SEPIA

Offensive discharge, smelly, sensitive to heat and cold

MERCURIUS

Exhaustion

Following loss of blood or heavy sweating

CHINA

Accompanying profuse sweating

CARBO VEG.

With hair loss

CALC. C.

Piles

Initially

PULSATILLA

Later

PAONIA, AESC, COLLINSONIA



Bryonia alba / dioica

Emotional Disturbance

Loss of interest, irritable and chilly.
Morale good in pregnancy but low
after. Averse to sex

SEPIA

Excited incoherent talk, red face

BELLADONNA

Talkative and suspicious.
Inappropriate laughter.
Persistent obscene thoughts

HYOSCYAMUS

Weepy lack of thirst. Worse for heat

PULSATILLA

Irritable withdrawn, full of guilt
and resentment. Wants to be left alone

NAT MUR

Deep depression, sense of impending evil,
agitation, loquacious, wild feeling in head,
intolerant of pain

CIMICIFUGA

Loss of contact with reality

ACONITE

Beware of post-partum psychosis:
In the event of paranoia, morbid / delusional thought content, concerning
behaviour (especially in respect of baby) - refer early for psychiatric assessment.

Puerperal Fever

Sudden rise in temperature, skin hot and dry, pain in uterus.
Thoughts of death

ACONITE

Sudden fever, red face, stary eyes, delirium, distended abdomen,
thirst. Feels as if the bowels are clutched by a giant hand

BELLADONNA

Offensive discharge from vagina profuse sweat, mucus or blood
in stool, worse at night

MERCURIUS

Vaginal discharge suddenly stops, constipation,
nausea and vomiting,
irritability

NUX VOMICA

Wounds sore, aggravated by slightest movement. Irritable
apprehensive and pessimistic

BRYONIA

Consider:

PYROGEN / STREPTOCOCCINUM



Aconitum napellus