

The Good Samaritan

Geoff Johnson VetFFHom

Geoff presented this case as a beautiful illustration of lanthanide themes in his recent webinar, which is elsewhere reported in this issue along with Geoff's biography. Here we present this case to highlight the transformational benefits of treasures lying in the ground waiting to be unearthed to the benefit of all human-kind. I think a re-iteration of the lanthanide issues serves well to drum (or succuss?) them into our psyche ready to surface when the time is ripe.

This is a case of chronic diarrhoea in a patient suffering from bowel and lung cancer, treated with the lanthanide Samarium carbonate

Lanthanide themes

(indicated in the text in bold)

Self-reflection, spirituality, country or world view, autonomy i.e. living and controlling your life the way you want and feel is right, empowering yourself and others, strong responsibility, especially social responsibility, seriousness, a sense of being trapped and often severe pathology e.g. auto-immune disease and cancer.

Column 8 issues (indicated by italics)

Pushing yourself, achieving goals, forcing through, climbing the mountain, time is short, going it alone if needed.

Samarium unique identifiers (blue)

Samarium is aptly named as it is 'The Good Samaritan' – working very hard for others.

Carbon themes (the family) (underlined)

Case taking 7-9-20

59-year-old male. Slightly overweight.

Said he was 'butchered by his surgeon' five years ago and developed MRSA.

In the end discharged himself. The operation was for bowel cancer and he required a colostomy bag. He had chemotherapy. The colostomy bag was able to be removed some years later. However within 6 months of the initial surgery it was found that the cancer had spread to his lungs, where there were seven growths. He was told it was not financially viable to perform surgery so **he went to Harley Street** and had them removed privately and received more chemo. However the tumours were really growing quickly leading to more surgery and ablations. In all he had seven different

sessions of surgery and 90 chemotherapy sessions over 5 years. He has had at least one episode of surgery every year.

He describes his experience;

It is as if I am *going around a racetrack*. Cut them, clear them, cut them and clear again.

The chemotherapy is like mustard gas and it's horrible.

I just get on with it and try to **live my life and do what I want to do**.

I have a really positive attitude and this uninvited guest, which is what I call a cancer, will not take possession. **This cancer is not mine**. The moles in the garden are not my moles. However it is a really sneaky thing. I can see the mole hills and *it becomes a war and their can only be one winner*.

(Note – there are 4 columns known for fighting in the periodic table – 6, 8, 12 and 13)

What sort of a bloke are you?

I get things done and achieve things.

I am decent. I make a list and work through it methodically. There are do-ers and there are talkers and *I put everything into doing*.

Tell me more

I **work for myself** and I have my standards. I make my own **way**. You get out what you put in.

Tell me more

I value my family and I look after them including my mum and my dad. I get taken for granted quite a lot but I like people to know I am good. I am satisfied when people are pleased to see me and that is an affirmation that what I do is good. However I like telling people what

to do and I like people doing what I suggest. **What I want to do is help others** (a 'good Samaritan) and earn good money and have a good reputation. *I do everything to the best of my ability* but I will also let people go who don't see things the way I do. I set guidelines of right and wrong and I can be abrasive. However I make my point and I move on.

Tell me more

Money means I **can do what I want**, but work is all encompassing for the last 25 years. It is hard but it is pleasing because of success.

What is your hobby?

I'd like to walk the dogs which is an escape and the dogs don't judge.

Tell me something that had an impact on you in your previous life

I was in a partnership and realised it was a mistake. My partner was very driven and *we clashed all the time* which was upsetting. He was also out for everything for himself.

What was your experience like?

There would be a confrontation and I don't like that. He was also out for everything for himself. But you either rollover or you *stand up and be counted*. *I had to bite the horn - bite the bullet* and gain the confidence to be my own boss.

Tell me more

Knowing what I do will help others is **great** and I want to be the best. Work and study gives me belief and I sell others belief and help others.

If everything went according to plan what would be your purpose on Earth?
To help others and get thanks and be **honourable and upstanding and honest**.

What is your greatest talent?

Determination and clear communication.

Tell me about your cancer

It was 4 inches up my rectum and from the first op it was five years before I was pooing naturally. However I get terrible diarrhoea which is better for eggs. The diarrhoea is sore and painful on my bottom. Burning. There is a chemical smell. It comes out easily. It is worse in the evening from 6 o'clock until my loperamide kicks in.

Likes steak peanuts chips beer and gin and dislikes marmite and spicy food. He is thirsty. He wonders if a trigger to his cancer was the fact he was very fat and sedentary but he also worked through the financial crisis which was stressful.

Also my wife became ill of an autoimmune disease and she collapsed in front of the kids. The only constant in my life is my wife.

What was the experience like for you?

It was beyond my control to help and I couldn't influence. Things were not stable. How was I going to manoeuvre my way out of this? **I hate not having control** but it is okay if I can trust a person who is in control but I need to find that right person. However I don't talk to others but I work it out myself after I've listened to lots of opinions and examined them. I am bright enough to accept others' points of views. I never have any dreams.

Tell me more

I am not frightened of dying. **I have done what I've wanted and I've provided for my family** and I'm pleased with what I have done.

Are you a jealous man?

Not at all. I never feel I am in a competition. You either win or you lose and it is all about your ability. There are no excuses. It is not about winning but playing a really good game.

Prescription one

Calcarea carbonica 200 BID 2D

I chose Calc because of his family concerns, honesty, obesity and particularly >>for eggs and diarrhoea < evening. As you will see the remedy helped his diarrhoea enormously, but was not his similimum.

12-10-20

Toilet function vastly better and only had to use loperamide twice in the last month. However my energy levels are low. Normally I get better quicker after my surgery but I am short of breath. I am concerned. And my bowels have started to slip in the last seven days. I feel irritable and tight and impatient. I'm not accepting others point of view and I am more confrontational. I have always had strong views but was happy to accept it if others didn't accept it. Hence this is not a good trait and I want to nip this in the bud because I care for and help others. No dreams. Repeat remedy.

15-12-20

It is very strange my bowels were 80% better after I saw you. They were transformed. However the prescription is no longer as effective. Yesterday I had to visit the toilet nine times in two hours and my energy levels are very low. I also have a red nose as you can see. I have lots of spots on my nose and it is peeling excessively. It has been eased with steroid cream. Is it wearing masks? **I really struggled with them and don't believe in them.** Sod them. I really don't believe they're doing any good. My sleep is still poor.

Tell me more

I often do speak to other people with cancer and give them my experiences. This is a journey and *a fight we must win or we shut down. Everyone has a set amount of time in them. How much time do I have?*

How was your experience of the cancer?

My mind has a huge power and it won't give in and it won't stop. I am here for a purpose. I am here now and the doctor said I will only survive six months and it's been five years although it has come back every year. The surgery takes a bit more of me every time and tires me out but I won't give in.

Tell me more

It is about living and getting on. Set an example. You only get one life. My mum died when I was 17 years old and I've been my own person all my life. However it is getting harder and there is *a finite time in front of me* which is fine by me if **I can control it myself. I do not want the government imposing on me –all the stopping and the restraints from the government, which I cannot penetrate.**

Before I could do what I wanted and now I have to do what they say.

How is the experience?

I am being forced by the new rules and I'm tired. **Should be up to the individual to decide.** I talk about this a lot. I don't try to hide them because these are my thoughts. The important thing is we talk and maintain standards and leave the world *knowing we haven't given in.* Self-worth, belief, respected, liked, ability to communicate and give empathy to others. It's like the 10 Commandments for me. I will look after the weak. (The Good Samaritan!)

Prescription Samarium carbonate LM6

8-3-21

Usually six months from the surgery I get a new shadow. For the last six times this has been the cycle in the lungs. Last time there were two growths had a scan two weeks ago and I am totally clean. I am being scanned again in four months. My diabetic levels have dropped from 12 to 14 down to 10.

How are you in yourself

Really pissed off about the rules of lockdown which gives me angst. There is much to be answered for by this government.

How are your guts?

They have been much better but not perfect and I need to go to the loo when I get back from my walk. My exhaustion is better and I'm walking for 5 miles. I haven't taken your homeopathic prescription for a month because I feel really good. I feel very content.

Advised to restart the prescription sam-c LM6.

22-6-21

I have had another negative cancer screen. This is the first time ever.

How is your diarrhoea?

Fantastic. I rarely have a problem even at night.

Energy? Great.

1-9-21

Contacted and asked if it would be okay to present his case. He said 'of course'.

Geoff Johnson
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On 18th September Geoff Johnson delivered the latest in our series of CPD events from the venue of the Conference of the British Association of Homeopathic Veterinary Surgeons: Barbara Jones's Organic farm near Oswestry. We are grateful to Barbara for allowing us to use her consulting room and providing the facilities that enabled the delegates to watch on a big screen in the adjacent barn where we held the rest of the conference. In particular, it was a pleasure to greet some of our Australasian members who braved the 'Kali' hours of early morning to attend.

Geoff is well known to us, not least as a Veterinary Fellow of the Faculty, but also around the world as a teacher and speaker. He has extensive experience of treating both animals and people with homeopathy. Hence he brought a unique perspective to the subject.

Rarity

Geoff started off by reminding us that these 'rare earths' are essential to our 21st century life, being integral components of computers, mobile phones and much of modern technology. Their rarity bestows power on whoever owns them as evidenced by the fact that the smallest and most powerful magnets are made from them. In the periodic table they are to be found in row 6, but 'hidden' between Barium and Hafnium. They are the elements of our age, and homeopathically they treat the diseases modern man and their animals suffer. Notably they are important remedies for the treatment of auto-immune disease, strongly indicated in this field by Scholten.

Everything in our world is based upon the never changing structure of the periodic table; how elements share, donate or receive electrons. Each element may be regarded as a metaphor for a point in time, whether in a person's life, the development of a company, the history of humankind or the life of a star.

Hesitancy

The first element in the group, Lanthanum, is found in the third column of row 6, just after Barium. It and the next 14 elements effectively 'hide' their successive additional electrons down in the fourth row – the iron series. Importantly all the lanthanides behave in

this way, so they all have column three characteristics. Hence they are searching for a way forward, but doubt what to do; they investigate and want to discover, but hesitate and change their minds.

Veiled power and truth seekers

As members of the gold series they have issues around power and responsibility, but as their electrons are hidden, so is the power. So lanthanide themes include hidden strength, the power behind the throne, wisdom without domination. The searching quality of column three elements makes them seekers of truth.

Self-knowledge

Moreover the two levels of electrons they possess gives them an ability to look at themselves: self-reflection. Thus lanthanide patients know themselves, and have the power to remain themselves: autonomy or self-rule is central. 'Self' is an important word for them: hence self-knowledge; self-realisation; self-determination; self-control.

Autonomy

But they want others to be free, too. They don't want to dominate and they don't want to be dominated. The self-control linked to power leads to tension and an inability to relax. They are sensitive, spiritual, mental and emotional. As with their electrons, they exhibit inner and outer sides; searchers in the inner world with a desire to know what is of theirs and

what is of others. They desire to understand motives, instincts, and emotions.

We can gain insights by looking at ourselves as homeopaths. We seek to understand others; we fight for our own beliefs; we are self-employed and we search for the profound cure which will empower our patients. We are obvious candidates for a lanthanide prescription.

Being intuitive, seeking something higher, the lanthanides patient is akin to the bird remedies; similarly they are empathic yet distant, sensitive yet powerful.

Bringing the shadow into the light

They are aware of their shadow – that part of our unconscious that Jung tells us we like to keep hidden from public view, and hence we try to repress. The lanthanides have a need to integrate the shadow. They have issues of light and dark. They are visionaries. They are honest – at least to themselves. They are reserved and hidden and will not show everything they experience. They have a humanistic attitude with a world view.

As we descend the periodic table the patient's vision broadens. Thus the lanthanides consider the big picture, and that is where they need to express their hidden power. They have a serving quality.

In the same way as the perspective broadens the severity of the disease increases. So serious disease may be

more successfully treated by remedies nearer the bottom of the periodic table.

Lanthanide features in an animal patient

An auto-immune disorder or a serious disease of some sort.

Sympathetic, caring, dutiful and intuitive

Not necessarily very tactile – maybe aloof in a 'bird' way – reserved

Averse to contradiction, stubborn

Fighting against domination, or becoming ill with it

Carry an air of authority with other animals, but not wish to dominate

The owner might say 'he's a deep one' or 'he seemed to be born wise'

Lanthanide features in a child

Desire to follow own path: self-determination, 'own boss'

A refined quality

Gifted children – artists, musical geniuses, mathematicians, unusual children

Aversion to 'boring' activities; being dictated to; rules; aversion to school

Desire to discover, explore the mind, know and understand

Desire to be outdoors, roaming free.

Aversion - being told what to eat; what to wear, where to go

*Don't cope well with punishment
Stubborn, strong will*

Strong power – can exert great motivation to perform their task

Creative solutions for tasks

Powerful imagination – a mind power, visual imagination

Superheroes

Potentially severe pathology at early age

Once we have recognised the patient as a lanthanide we have to choose which one. This requires identifying into which column (or Scholten's stage) of the periodic table the patient fits. Geoff described Scholten's concept of the bridge as a practical tool. "If you understand the attitude (column) of your patient and his issue (row), then a remedy can be chosen fairly easily".

Geoff described three cases where a lanthanide had a profound effect. One is here reproduced.

Idris was a 6 year old Oriental cat presented for chronic influenza.

He suffered from rhinitis at 5 weeks old, due to feline herpes virus which despite orthodox treatment left him with cloudy corneas and chronic nasal discharge. At 10 weeks he developed diarrhoea which led to rectal prolapse (unsuccessfully treated by surgery) and then intussusception for which he had further surgery. Subsequently the flu returned with a vengeance, with lack of appetite and copious discharges. However the owner said:

'He never lost his will to live, and remained vibrant and bright, like his colour' (golden).

'He now has huge amounts of 'crud' in his sinuses, breathes with a whistling sound like Captain Hook's crocodile, and sneezes yellow-green jelly like chewing gum'.

He lives on 'bisolvon' and periodic antibiotics. The owner has tried silica, merc, kali-bi and phos with little success.

In the consulting room he was very vocal and initially remained sitting in his cat box. After 5 minutes he jumped out and prowled around the room, eventually sitting on the window-sill. His history reveals deep disease from an early age. The owner has a passionate interest in homeopathy, alternative living, is eccentric and probably is a lanthanide herself. She describes Idris as bright and breezy, laid back but with a strong character and elements of mischievousness. She says, 'The most extra-ordinary thing about him is his will to live'.

'He is very comfortable in his own skin' – utterly confident and at ease and no need to escape. He is 'second in

command' in the household of six cats, but the dominant cat relies on Idris' strength. Idris himself doesn't have issues of hierarchy. 'He just is what he is, everyone loves him and he is dependable and reliable'. If other cats are quarrelling he stands and watches. He is not aggressive, never vicious and tolerates strays. With human visitors he is chilled and says hi. He is exuberant, charging about with a 'great joy of being alive'. He is not overly jealous or sympathetic.' 'He has no fears.'

Generally the condition is worse in humid conditions, cold and wet and he seeks heat. A lanthanide is suggested by:

- His innate power and sense of self.
- His confidence and his responsibility ie. dependable, loyal and reliable.
- He is the strength behind the boss cat, but not interested in dominating others himself.
- Lanthanides are also suggested because he has been seriously ill from a young age.

Column 10 was selected, which includes Palladium and Platinum

Column 10 elements sit at the peak of success and can look to either side.

Idris was prescribed Gadolinium 1M as a single split dose. (3 doses over 24 hrs).

Gadolinium words: Harmony, balance, self-satisfied, self-centred, symmetry and two sides.

Three days after the prescription Idris developed copious coryza for three days, which then cleared up and his breathing became normal – 'he stopped breathing like Captain Hook's crocodile'. Within 2 weeks he was 90% better. He has had no further need of 'Bisolvon' or antibiotics.

Conclusion

This presentation was a masterclass in how to present a subject with clarity and understanding. Geoff has a unique style of presentation which keeps his listeners engaged and immersed in the subject. He has pioneered the use of lanthanides in animals and this presentation was timely. This group of remedies fills a gap in our understanding and therapeutics, in particular for the treatment of autoimmune disease and chronic, severe disease in animals. This seminar will empower veterinary homeopaths around the world to more successfully treat the conditions which appear in our consulting rooms with increasing frequency. At the same time I hope those non-vets who attended will also have benefitted from Geoff's clear and entertaining exposition of this subject.

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