

MIASMATIC DIAGNOSIS: PRACTICAL TIPS WITH SCHEMATIC COMPARISONS OF CLINICAL FEATURES

<i>Psoric Clinicals</i>	<i>Sycotic Clinicals</i>	<i>Syphilitic Clinicals</i>	<i>Tubercular Clinicals</i>
1. Acidity.	1. Abortion.	1. All discharges characterised by putrefaction.	1. Aching pain in knees and swelling of knees without any cause.
2. Acute diseases as a result of severe physical impressions (viz. chill, strain, emotion etc.).	2. Acnes without pus.	2. Blindness.	2. Acute exanthematous diseases.
3. Ascitis.	3. Angina pectoris.	3. Boil in veins and bone necrosis.	3. Ascitis.
4. Burning in breast and heart.	4. Anaemia.	4. Carcinomas.	4. Anterior poliomyelitis.
5. Cancer and Sarcomas.	5. Any disease tending to sudden death.	5. Fistula.	5. Asthma.
6. Constipation.	6. Appendicitis.	6.a) Fungal infection in extremities and fingers.	6. Bedsore.
7. Dropsy.	7. Cough and painful hoarseness.	b) F/H (Family History) of azoospermia	7. Bed wetting in children with loss of sensation.
8. Epilepsy.	8. Cold and cough, including whooping cough.	7. Gangrene.	8. Cancer.
9. Erysipelas.	9. Colic.	8. G.P.I.	9. Carious teeth.
10. Functional uterine disorders.	10. Characterised by slowness of recovery.	9. Hypertension.	10. Carbuncle.
11. Flatulence.	11. Diseases of pelvic and sexual organs viz. piles, appendicitis, nephritis, prostatitis, orchitis, ovaritis, gout, arthritis, lumbago etc.	10. Inflammation in bone marrow.	11. Destruction of the bone marrow.
12. Hoarseness with burning.	12. Dry asthma.	11. Impaired circulation due to weak heart.	12. Diabetes.
13. Itching type of skin diseases.	13. Dyspnoea from cardiac weakness.	12. Insanity due to mental depression and apprehensions.	13. Dry asthma.
14. Leprosy.	14. Dysmenorrhoea.	13. Leucorrhoea.	14. Dryness of the body.
15. Temporary burning of spinal cord and brain.	15. Epilepsy and faintness during labour and pregnancy.	14. Offensive menses.	15. Dry cough esp. aggravated with fever.
		15. Rheumatism of long bones.	

Psora

ABDOMEN

1. Slow intestinal peristalsis is Psoric.

STOOL

1. Psoric stool may be of any colour.
2. Not very painful.
3. Worse from : motion; eating and drinking, cold things.
4. Better from - Warm drinks, hot food, warm applications to abdomen.
5. Constipation is primarily Psoric.

PAINS

1. Pains of Psora are neuralgic type.
2. Sore, bruised and pressive pains are psoric.

MALIGNANCY

1. Malignancies of Psora prone to develop at the age of 40.
2. Psora prefers tissue of ectodermic origin.

DESIRES AND AVERSIONS

1. Desires - sweet, sour; salty; fried; indigestible; spicy; oily.
2. Aversion to milk.

MODALITIES

1. Worse from - Winter, wants warmth internally and externally.
2. Better by - Summer, heat; natural discharges viz. urine, sweat, menses.

Sycosis

1. Accelerated and exaggerated is Sycotic.
2. Children born of sycotic parents suffer from colic, almost from the moment of birth.

1. Diarrhoea is Sycotic.
2. Jet like expulsion of faeces, with a sense of insecurity.

1. Joint pains are generally Sycotic.
2. Stitching, pulsating and wandering pains are of Sycotic origin.

1. Prone to develop at any age.

1. Desires salt, alcohol.
2. Aversion - meat; milk; wine; spices.

1. Worse by - rest; damp; rainy; humid atmosphere; during thunderstorm; change of weather.
2. Better by - motion : unnatural discharges (greenish and yellow) : light exercises; walking slowly.

Syphilis

1. Perverted into Dysenteric spasm is Syphilis.

1. Dysentery is Syphilitic.

1. Bone pains are Syphilitic.
2. Burning, bursting and tearing pains.

1. Prone to develop at the age of 40.
2. Prefers tissues of mesenteric origin.

1. Desires - stimulants; alcohol; tea; coffee; smoking (all signs of destruction) : very spicy meat : cold food; sour; hot or hot cold, indigestible things like chalk, pencil etc.
2. Aversion to - meat, espec. less spicy; Aversion to animal food.

1. Worse from sunset to sunrise, perspiration, natural discharges, seaside; sea voyage; warmth; summer; night sweats.

2. Better from - sunrise to sunset; change of position; temperate climate; abnormal discharges (leucorrhoea.); cold.

Tubercular

1. Duodenal ulcer is tubercular.

1. Bleeding per rectum is characteristic.

1. Desires - indigestible things; potatoes; salt, greasy salty and fatty foods.
2. Crave things which make them sick.

1. Worse - during thunderstorms; night; milk; greasy, oily foods.

2. Better - dry and open air; day time.

Psora

EAR

Dry Meatus even in otorrhoea, auditory canal dry and scaly.

NOSE

1. Sensitiveness to odours.
2. Redness of mucous membranes.
3. Psoric cold begins with sneezing, redness, heat, sensitive to touch when blown for some time.

MOUTH

1. Tartar and improper substances lodge in gums.
2. All food tastes as if burnt is a characteristic.
3. Refuses highly aromatic substances.
4. Intolerable sweet taste in mouth.
5. Burnt taste is only Psoric.

FACE AND COLOUR

1. Inverted.
2. Blue, the cold colour represents psora.

HEART

Psoric heart patients :-

1. Worry about their conditions.
2. Take their pulse frequently.
3. Fears death.
4. Remains quiet.
5. Hammering sensation in precordium.

Sycosis

1. Better by nasal discharge of fish-brine odour.
2. Anosmia.

1. Fishy taste.

1. Dropsical
2. Yellow colour corresponds to Sycosis.
3. High cheek bone with thick lips.

1. R.H.D (Rheumatic Heart Diseases).
2. Tachycardia is Sycotic.

Syphilis

1. Long ears.

1. Ulceration of nasal septum
2. Diminuation of the sense of smell.
3. Flat or depressed nose.

1. Ulcers in oral cavity.
2. Asymmetrical teeth.
3. Tongue with imprint of teeth.
4. Saliva is long and thread like with a coppery taste.
5. Crowns of incisors are crescentic.

1. Oily, greasy face.
2. It looks old -puckered, dried and wrinkled like an old person.
3. High cheek bones.
4. Thick lips.
Skin rough.
6. Eyelids red and inflamed.
7. Scaly, crusty lashes; broken, shabby, irregularly curved and imperfect.
8. Voice hoarse

1. High blood pressure.
2. Irregular pulse.

Tubercular

1. With some severe diseases like measles, scarlet fever ASOM (Acute Suppurative Otitis Media) developing.

1. Epistaxis.
2. Recurrent catching cold.
3. Flushing of nose.
4. Nasal polypus (tri-miasmatic).

1. Bright red bleeding from gum.
2. Taste of pus.

1. Sunken eyes.
2. Pale face but flushed chin.
3. Tubercular face : Round with fair skin, eyes bright sparkling. Eyebrows and eyelashes soft, glossy, sicken with thin lips.

1. Palpitations.
2. Pulse : feeble but rapid.

SUMMARY OF MANIFESTATIONS (FROM HEAD TO FOOT) OF THE FOUR STIGMATAS

<i>Psora</i>	<i>Sycosis</i>	<i>Syphilis</i>	<i>Tubercular</i>
MIND AND MEMORY			
1. Timidity is Psoric.	1. Ostentation and fatuousness is Sycotic.	1. Desire to kill is Syphilitic.	1. Dissatisfied.
2. Sensitising miasm for its Hyperactive and Hypersensitiveness.	2. Fear : manifested by outward expression.	2. Fear manifested by anguish.	2. Changeable.
3. Sterile Philosopher. Full of ideas but no tendency to materialise. Theoretical but not practical.	3. Absent minded.	3. Forgetfulness : mental paralysis.	3. Vagabond.
4. Fear : manifested by anxiety.	4. Suspicious, jealous, cruel mischievous (+++).	4. Keeps depression inside and the first thing you know is that they have committed suicide.	4. Careless.
5. Weakness of memory.	5. Weakmemory.	5. They are closed-mouthed and do not worry friends with their troubles.	5. Fearless.
6. Characterised by deficiency/lacks/scanty and weakness, by inferiority complex; by coldness, it limits individual's expression.	6. Fixed ideas.	6. Will regard as appropriate both the death of an individual and the explosion of a nuclear bomb over a town.	6. Extremely stubborn.
7. Condemns one's own self.		7. Mind goes slow as if paralysed: read but cannot retain: mental paralysis.	
8. Person of hide and seek nature. Dishonest person. Wickedness and impurity is present.		8. Destruction/ perversion/ dissolution/ degeneration are most significant characteristics of Syphilis.	
9. Though extremely sick, thinks alright.		9. All Fascists. Anarchists and Exploiters of the world are the product of the Syphilitic Miasm.	
10. A 3 : Anxiety, Apprehension and Alertness,		10. Idiocy.	
		11. Dull → Weak perception → Suspicious.	
		12. Depression > suicidal tendencies.	
		13. Melancholia.	
		14. Suppressive (conceals).	
		15. Introvert likes to be alone.	
		1. Dandruff.	1. Breaks, splits and sticks together.
		2. Thick, yellow crust.	2. Thick, yellow, heavy crust.
		3. Fall in bunches.	
		4. Moist, greasy and offensive odour.	
		5. Falling hair from eyebrows, eyelashes and beard.	
		6. Ingrowing hair of eyelashes.	
		1. Structural eye changes.	1. Red lids (Psoric and Tubercular).
		2. Weakness.	2. Photophobia.
		3. Ptosis. (Syph. and Syc.).	3. Aversion to artificial lights.
		4. Deformities of lens : all varieties of refractory changes.	
HAIR			
1. Hair falling after acute fevers.	1. Alopecia in circular spots.		
2. Dry, lustreless, difficult to comb.	2. Too much of pre-mature grey-hair.		
3. Hair falling after illness.	3. Fishy odour from hair.		
4. Splits at ends; bleeds.			
5. Bran-like dandruff.			
EYE			
Visualises various colours (spots before eyes).	1. Worse change of season.		
	2. Worse rainy season.		

GENERAL MANIFESTATIONS OF THE FOUR MIASMS

<i>Psora</i>	<i>Sycosis</i>	<u><i>Syphilis</i></u>	<i>Tubercular</i>	
1. Develops itch.	1. Develops catarrhal discharges.	1. Develops virulent open ulcers.	Skin : busy and important areas are affected eg. lips, tips of fingers, heels etc. Threatening ulceration, (more than Syphilis).	
2. Unhealthy skin with burning and itching represents Psora.	2. Oily skin with thickly oozing and copious perspiration represents sycosis. Painful; localised pains, better pressure.	2. Ulcerated skin with pus and blood represents Syphilis.		
3. All "Hypos" are mainly Psoric.	3. "Hypers" are Sycotic.	3. "Dyses" are Syphilitic.		
4. Hypoplasia is Psoric.	4. Hyperplasia is Sycotic.	4. Dysplasia is Syphilitic.		
5. Atrophy is Psoric.	5. Hypertrophy is Sycotic.	5. Dystrophy is Syphilitic.		
6. Hypotension is psoric.	6. Hypertension is Sycotic.	6. Irregular Blood Pressure is Syphilitic.		
7. Lack denotes Psora.	7. Exaggeration or excess denotes Sycosis.	7. Deviation denotes Syphilis.		
8. Weakness.	8. Restlessness.	8. Ataxia.		
9. Inhibitory quality.	9. Expressive.	9. Destructive.		
10. Carbo-Nitrogenoid (excess of Carbon and Nitrogen) constitution.	10. Hydrogenoid constitution.	10. Oxygenoid (Excess of oxygen) constitution.		
11. Dryness of mucus membranes.	11. Augmented secretion.	11. Ulceration or destruction.		
12. Skin suppression → affects the mind, develops anxiety and anguish.	12. Skin suppression → nerve centres, heart, liver and respiratory organs are affected.	12. Skin suppressions → intellect is affected → dullness, depression, devoid of enthusiasm.		Skin suppressions → inner tissues → destructive and ulcerous tendency of deeper organs. Debilitated tubercular state.
13. Children : restless.	13. Children : diarrhoeic.	13. Children : convulsive.		

<i>Psora-Sycotic Clinicals</i>	<i>Mixed Miasmatic Clinicals</i>	<i>Psora-Syphilitic Clinicals</i>
1. Asthma.	1. Anasarca.	1. Chronic ulceration.
2. Fleshy Growths.	2. Bright's disease.	2. Diabetes.
3. Rheumatism.	3. Carcinomas.	3. Hypertension.
4. RHD (Rheumatic Heart Diseases).	4. Chilblains.	4. Scrofulous conditions.
5. Tumors.	5. Congenital markings of the skin.	
6. Warts.	6. Dropsy.	
	7. Erysipelas.	
	8. Elephantiasis.	
	9. F/H of Azoospermia, sterility, abortions, death with cerebral and cardiac attacks, insanity, cancer.	
	10. Fish scale eruptions (dryness of psora + squamous character of syphilis + thickened skin of sycosis).	
	11. Hayfever (basically psoric but sycosis remains latent during the active period).	
	12. Ichthyosis (dryness of psora + squamae of syphilis and moles and warty eruptions of sycosis).	
	13. Lupus.	
	14. Naevus.	
	15. Psoriasis (marriage of all miasms but predominantly psora + sycotic).	

NAMES OF MEDICINES	ANTI psoric	ANTI SYCOTIC	ANTI SYPHILITIC	ANTI TUBER	HEAT & COLD RELATION	DURATION OF ACTION (DAYS)	GRAPHITES.	+++	++	++	+	C+++	40-50D
ABROTANUM	+	+		++	C +	6-10	HEPAR SULPHUR.	+++	++	+++	+	C+++	40-50D
ACTEA RACEMOSA		++			C +	30-40	IODIUM.	+++	++	++	++	H+++	30-40D
AGARICUS MUSC.		+		+	C ++	40D	KALI BICH.	++	++	+++	+	C++	30D
ALUMINA.	++	+			C +++	40-60D	KALI BROM.	+	+				
AMBRA GRISEA.	+						KALI CARB.	++	++	++	++	C++	40-50D
AMMONIUM CARB.	++	+		+	C ++	40D	KALI IOD.	++	+++	+++	++	H+++	20-30D
ANACARDIUM.	++	+		+	Neither Hot nor chilly	30-40D	KALI PHOS.	+			+	C+	
ANTIM CRUD	++	+			Neither Hot nor chilly	40D	KALI SULPH.	+	+++	+++	++	H+++	
ANTIM TART	+	+			20-30D	20-30D	KREOSOTUM.	++	++	+++	++	C++	15-20D
APIS MELL	++	++			H++	10-30D	LAC CANINUM.	++	++		++	C++	
ARGENTUM MET	++	+			30D	30D	LACHESIS.	+++	++	+++	+	H++	30-40D
ARGENTUM NIT	++	+		+	H+	30D	LEDUM.	+		++		H++	30D
ARNICA MONTANA.	++				C+	6-10D	LYCOPodium.	+++	+++	++	+++	H++	40-50D
ARSENICUM ALBUM.	+++	+++	+	+	C+++	60-90D	MAGNESIA CARB	++	+		+	C+++	40-50D
ARSENICUM IOD.	+++	+++	+	+++			MAGNESIA MUR.	++	+		+	C+++	40-50D
AURUM METALLICUM.	++	+	+++	+	C++	50-60D	MAGNESIA PHOS.	+				C+++	
BARYTA, CARB.	++	++	+	+++	C+++	40D	MANGAN ACET.	+			+	C++	40D
BENZOIC ACID.	+	++	+	+			MEDORRHINUM	+		+++	++	H++	10-60D
BELLADONNA.	+			+	C++	1-7D	MERC COR.		+	+++			30-60D
BERBERIS VULG.	+	++					MERC SOL.	++	++	+++		Neither Hot nor chilly	30-60D
BORAX.	++	++			H++	20-30D	MEZEREUM	+	+++	+		C++	30-60D
BOVISTA.	+	+				7-14D	MURIATIC ACID.	+			+	C++	35D
BROMIUM	+			+		20-30D	NAJA TRIPUDIANS.	+	+		+		
BUFORANA.	++	++		+			NAT ARS.	++	++			C++	
CALCAREA ARS.	++	++	++	++	C++	15-25D	NAT CARB.	+++	++			C++	30D
CALCAREA CARB.	+++	++		+++	C+++	60D	NAT MUR.	+++	+++	+	++	H+++	40-50D
CALCAREA IOD.	+	++	++		H++		NAT SULPH.	++	+++	+	+	C++	30-40D
CALCAREA PHOS	++	+		+++	C+++	60D	NITRIC ACID.	++	+++	+++	++	C+++	40-60D
CALCAREA SULPH	++	+	++	++			NUX VOM.	++	+				
CARBO ANIMALIS.	++	++	++	+++	C++	28-60D	OPIUM.	+	+			7D	
CARBO VEG.	++	+	++	++	C++	60D	ORIGENUM.	++					40-50D
CAPSICUM.	++	+			C+++	7D	PETROLEUM.	++	+			C++	40-50D
CAUSTICUM.	+++	++	++	++	C+++	50D	PHOS ACID.	+		+	++	C++	40D
CHAMOMILLA	++	+		+	C++	20-30D	PHOSPHORUS.	++	++	++	+++	C+++	40D
CINNABARIS	++	+	++				RHYTOLACCA.	+	+	+++	+	C++	
CISTUS.	+				++	C++	PICRIC ACID.	+	+				
CLEMATIS	+		++			14-2D	PLATINA.	+	+			H+++	35-40D
COCCUS CAC	+	+			C++		PLUMBUM.	+	+			C++	20-30D
COLCHICUM	+	++				14-20	PODOPHYLLUM.	+	+			Neither Hot nor chilly	30D
CONIUM.	++	++	+	+	C++	30-50D	PSORINUM.	+++	+++	+	+	C+++	30-40D
CROTALUS HOR.	++	++	+	+	H+	30D	PULSATILLA.	++	++			C+++	40D
CUPRUM MET.	+				H+	40-50D	PYROGEN.	++	+++	+	+	C+++	
DIGITALIS.	++	+			C++	40-50D	RADIUM.	+	+++	+	+		
DULCAMARA.	+	++		+	C+++	30D	RANUNCULUS BULB.	+	+				30-40D
FERRUM MET.	++	++		++	Neither Hot not chilly	50D	RHEUM.	+					2-3D
FERRUM PHOS.	+			+	C+++		RHODODENDRON.	+	+			C+++	35-40D
FLUORIC ACID.	++	+	+++	++	H+++	30D	RHUS TOX.	++	+		+	C+++	1-7D
							RICINUS	+					
							RUMEX.	++			+	C+++	
							RUTA.	+	+			C++	30D
							SABADILLA.	+			+		20-30D
							SABINA.	+				H++	20-30D

SAMBUCUS.	+				C+++	1D
SANG CANADEN.	+	+		+	C+++	
SANICULA.	++	++		++		
SARSAPARILLA	+	+++	+	+	C++	35D
SECALE COR.	+++	+			H++	20-30
SELENIUM	+++	++	+	+		40D
SENECIO AUREUS.	++	++		+		
SENEGA.	+			+		30D
SEPIA.	+++	+++	+	++	C+++	40-50
SILICEA.	++	+++	+	+++	C+++	40-60
SPIGELIA.	++			+	C++	20-30
SPONGIA				++		20-30
STANNUM MET.	+	+	+	++	Neither	
		.			Hot nor	
					chilly	35D
STAPHISAGRIA.	+	+++	++		C+	20-30
STICTA.	++	+		+		
STRAMONIUM.	++	+		+	C+	
SULPHUR.	+++	++	++	++	A+++	40-6
SULPHURIC ACID.	+		+	+		
SYPHILINUM.	+	+	+++	+	H+	60D
TABACUM.	++	+				
TARENTULA HISP.	++	+++		+		
TEREBINTHINA.	++	++		+		
THERIDION.	+			+		30D
THUJA.	+	+++	+	+	C++	60D
TUBERCULINUM.	+++	+++	+++	+++	C++	60D
VARIOLIN ⁹ JM.	+	++				
VERATRUM ALBUM.	+	+			C+	20-30D
ZINCUM METALLICUM.	+++	+		+	C++	30-40D

SUMMARY OF THE LEADING ANTI-MIASMATIC MEDICINES :-

- I. ANTIPSORICS - Alumina, Ammon Carb, Ant. Crud, Argmet, Arg-Nit, ArsAlb., Borax, CarboVeg, Caust, Coni, Digit, Graph, HEP. SULPH, IODUM, iach, LYCO, Mag Carb, Mag Mur, NAT. CARB, PSOR, SECALE, SEPIA, silic, SULPH, Tuber, ZINC. MET,
- II. ANTI SYCOTICS - MEDO, NAT. SULPH., PSOR, PYRO, RAD, SARSAP, STAPH, TARENT. HISP, THUJA, VARIOL,
- III. ANTI SYPHILITICS. AURUM MET, Fluor Acid, MERC SOL, SYPHIL.
- IV. ANTI TUBERCULARS - Abrot, Ars Iod, Baryta Carb., Calc Carb, CARBO AN, Acid Phos, PHOS, Sanic, SILIC, Sang, Stan Met, TUBER

Psoric Clinicals

Sycotic Clinicals

Syphilitic Clinicals

Tubercular Clinicals

34. Painless blindness.
35. Palpitation.
36. Peptic and duodenal ulcers.
37. Profuse haemorrhage of any orifice.
38. Puerperal fainting during labour.
39. Puerperal manias.
40. Pneumonia.
41. Recurrent infantile cholera.
42. Ringworm.
43. Short temper.
44. Spermatorrhoea.
45. Swelling and hardness of glands.
46. Tabes Mesenterica.
47. Tendency of nasal coryza.
48. Tendency of perforation in bronchial tubes or in lungs.
49. Tubercular Meningitis.
50. Worms.

<i>Psoric Clinicals</i>	<i>Sycotic Clinicals</i>	<i>Syphilitic Clinicals</i>	<i>Tubercular Clinicals</i>
16. Tuberculosis (pseudo-psora).	16. False labour pain.	16. Skin diseases which ooze offensive pus and fluids.	16. Dry, barking cough during sleep.
17. Watery discharge from eye and nose with burning.	17. Herpes.	17. Sore throat.	17. Duodenal ulcer.
18. Whitlow.	18. Involuntary sexual erection.	18. Stricture.	18. Drum belliedness.
	19. Meningitis.	19. Strictures & stenosis.	19. Eczema.
	20. Myelitis.	20. F/H (Family History) of azoospermia, sterility, abortions, immature death with cerebral and cardiac attacks, suicidal deaths, insanity, cancer etc. are the indications of syphilis.	20. Emaciation without any apparent cause.
	21. Neuralgia.	21. Swelling of glands.	21. Epilepsy.
	22. Nervous debility.	22. Tabes dorsalis.	22. Extreme fatigue with weakness of lower extremities.
	23. Painful discharges from all the orifices.	23. Tuberculosis (Pseudo-psora).	23. Fever : intermittent or enteric type.
	24. Peurperal fever.	24. Ulcers of ear, nose, urinary organ.	24. Glandular enlargement of cheek, tonsil, and mammae.
	25. Pox.	25. Ulcer in mouth with offensive saliva.	25. Infantile liver.
	26. Rheumatic diathesis.		26. Influenza.
	27. Rheumatism.		27. Insanity.
	28. Urinary ailments with pain.		28. Intestinal obstruction.
	29. Wart (cauliflower type).		29. Loss of vital fluids through diarrhoea, urine, perspiration, haemorrhage.
			30. Malaria.
			31. Neuralgias, prosopalgias, sciaticas, insomnia.
			32. Nocturnal perspiration.
			33. Painless hoarseness.