

Centre for Integrative Medical Training
In Association with London Integrated Medical Health Education



Pre-membership Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

Unit 45

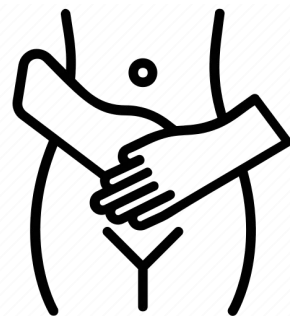
Materia Medica Studies and Therapeutic Pointers for Week 1

Dysmenorrhoea

Dysmenorrhoea is cyclical pain associated with the period but without demonstrable lesions affecting the reproductive system.

Secondary dysmenorrhea can be associated with pelvic inflammatory disease, endometriosis, fibroids or psycho-sexual problems.

Both primary and secondary dysmenorrhea respond well to homeopathic treatment. Endometriosis deposits and small fibroids have been observed to regress under the influence of remedies. Obviously large fibroids, depending on the symptoms they produce, may require surgical excision.



Some rubrics

Female genitalia:	pain, uterus, menses,	before beginning during
	pain, uterus, bending double	amel
	pain, burning, uterus, menses,	during
	pain, cutting, uterus, menses,	during
Abdomen:	pain, menses	

Remedies

Chamomilla

- intolerable pains
- sends doctor and nurses away
- irregular labour-like pains

Colocynthis

- violent cramping pains
- > bending double, flexing thighs

Cuprum metallicum

- cramping pains, < touch
- cramps extending into chest

Nux vomica

- intense cramping pains
- often tenesmus with desire to pass stools with dysmenorrhoea
- irritability

Magnesium phosphoricum

- intense cramping pains > heat and pressure

Veratrum album

- dysmenorrhea with coldness
- cold sweat, fainting

Belladonna

- intense pulsating pain
- flushed cheeks
- profuse bleeding

*Viburnum opulus (Cramp bark, Water Elder, High Cranberry)

- spasmodic pains
- false labour pains
- prevents early miscarriage



Viburnum opulus

Bleeding with discharge of visible endometrial tissue

Borax

- menses profuse, too soon
- nausea
- stomach pain radiating into the back

Bromium

- early profuse menses
- flatus with menses

Chamomilla

- sa

Magnesium phosphoricum

- sa

Viburnum opulus

- sa

Progesterone

- as a hormonal regulator

Bleeding without discharge of endometrial tissue

*Caulophyllum (Blue Cohosh, Squaw Root)

- erratic pains, cramping with little flow
- arthritis in small joints

*Cimicifuga (Black Cohosh, Actea Racemosa)

- profuse, dark coagulated menses
- pain across from hip to hip
- increase in flow increases pain
- also known as cold Lachesis

Cocculus (Indian Cockle)

- exhausting menses
- with vertigo and vomiting
- profuse dark menses

Coffea cruda (Unroasted coffee)

- menses early and long
- large clots of black blood
- hypersensitive vulva and vagina



Coffea arabica

Colocynthis (Bitter Cucumber)

- boring pain
- > bending over double, wants abdomen supported by pressure
- restlessness, irritability

Gelsemium (Yellow Jasmine)

- scanty flow
- uterus feels squeezed
- trembling

Ignatia

- black menses, too early
- often issue of grief

Kali carbonicum

- pale and scanty menses
- complaints after parturition

Nux vomica

- irregular menses
- urging to pass stool or urine

Platina

- dark clotted menses
- chilliness
- vaginismus

Pulsatilla

- clotted menses
- no period the same

Senecio aureus

- premature menses
- urinary disturbances

Zincum

- increased flow at night
- restlessness
- coldness

Journal references:

Barker JE

Pulsatilla 30 in menstrual pain

Homoeopathic World 1931 Jun;66(786): 161-162

Sinha N

Abroma augusta in dysmenorrhoea

Homoeopathic World 1931 Aug;66(788): 208-209

Barrow

Cases I have come across: apis, xanthoxylum

Horse dis, edema, dysmenorrhea, bites and stings

Homoeopathic World 1930 Sep;65(777): 231-232

Royal G

Neglected though salient points of seven remedies

Lapis albus, Nux moschata, Calcareo arsenicosa

mental symptoms, calcarea arsenicosa

Dysmenorrhea, edema, lymphatic dis, kidney dis

Homoeopathic World 1929 Mar;64(759): 71-73

Roberts WH

Cyclamen drug picture

dysmenorrhea, digestive symptoms

Homoeopathic World 1925 Dec;60(720): 295-296

Simpson T

Viburnum opulus in dysmenorrhoea

Homoeopathic World 1924 Mar;59(699): 63

Tyler ML

Some remedies of dysmenorrhoea

Homoeopathy 1936 Dec;5(12): 395-401

Tyler ML

Viburnum opulus and Viburnum prunifolium. Drug pictures 67

viburnum opulus, viburnum prunifolium

Homoeopathy 1937 Jul;6(7): 226-229

Tyler ML

Some drugs of dysmenorrhea

Homoeopathy 1937 Aug;6(8): 237-242

Talati FA

Effects of potentised oestrogen and progesterone on dysmenorrhoea

Dysmenorrhoea, estrogens, progesterone

Indian J Homoeopath Med 1990 Apr-Jun;25(2):175-6

Rose BS

Adolescent remedies

Homoeopathy 1980 30: 110-121

Doney I

Therapy for menopausal and menstrual problems

Dysmenorrhoea

Homoeopathy 1983 33: 10-12

West D
Homoeopathy
sabina
dysmenorrhea
Homoeopathy 1985 35: 103-105

Balfour WL
The Customs of Women
fibroids amenorrhea, menopause, dysmenorrhea
Homoeopathy 1965 Oct;15(10): 148-154